




Government of India
Ministry of Ayush



NATIONAL LIST OF ESSENTIAL AYUSH MEDICINES


(N L E A M)

National List of Essential AYUSH Medicines (NLEAM) has been prepared with a consultative process based on inputs received from a number of stake holders and the focus given to include only generic medicines from pharmacopeia, formulary and authoritative texts.





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Those who are going to use or refer this NLEAM for procurement of medicines are welcome to provide their feedback and suggestions for any corrections or improvement. In this regard, write to Advisor (Ayurveda), Drug Policy Section, Ministry of AYUSH, 'B' Block, GPO Complex, INA, New Delhi-110023 by post or by email at dcc-ayush@nic.in.

Foreword

Traditional Systems of medicines always played an important role in meeting the global health care needs. India has the unique distinction of having recognised Ayurveda, Yoga, Naturopathy, Unani, Siddha and Homoeopathy and Sowa-Rigpa the traditional health care systems with robust background of ancient literature and wide acceptance globally. While Yoga & Naturopathy are drugless streams, several hundreds of formulations are mentioned in the classical texts of Ayurveda, Siddha, Unani and Homoeopathy (ASU& H). Among them, some are commonly used by the practitioners, many are rarely used and some are out-dated due to non-availability of the ingredients or difficulty in the preparation.

To streamline the manufacturing, sale and prescription of medicine, it was felt that a consolidated list of formulations which are effective and safe to meet the priority health care needs of the community should be published. The Essential Drug List is mandatory in all systems of medicine and is an integral part of the WHO policy for traditional medicines. The first ever essential drug list (EDL) of ASU& H formulations was published by the Ministry of AYUSH in March 2013 with the consensus from the stake holders.

With the changing scenario of disease prevalence and public health relevance, it was felt that the EDLs need to be revised. The main criteria for the selection of revised list of medicines were their ease of availability, widespread use, inclusion in respective formularies and pharmacopoeias, evidence base, safety and cost effectiveness.

Comprehensive essential Ayurveda, Unani, Siddha and Homeopathic drug lists presently drawn with cross sectional consultation offers a wide choice for need-based selection of generic medicines at all levels of healthcare, viz., primary, secondary and tertiary.

*The revised Essential Drugs list (EDL) renamed as **National List of Essential AYUSH Medicines (NLEAM)** is expected to have better results in quality of medical care, management of medicines and cost-effective use of health care resources. I am sure that this list of essential medicines will have a positive impact on the availability and rational use of medicines. This will be a reference guide for the manufacturing, procurement and supply of classical medicines in both the public and private sector. I place on record my appreciation for the excellent efforts and team work put in by the officers and staff of Ministry of AYUSH, Research councils, National Institutes, CGHS officials in completing this stupendous task.*



Vaidya Rajesh Kotecha
Secretary
Government of India
Ministry of Ayush

Preface

I am pleased to present the revised Essential Drug List (EDL) of Ayurveda, Siddha, Unani and Homeopathy (ASU& H) formulations published by the Ministry of AYUSH, Govt. of India.

The Essential medicines are meant to promote health equity and are selected mainly on the basis of disease prevalence, evidence of efficacy & safety, and comparative cost-effectiveness. The revision of the list from time to time is needed for reconfiguring and strengthening the health system to align it with the objectives of Universal Health Care (UHC), bridging the presently identified gaps and meeting the health needs of the people. The EDL of ASU& H was initially published in 2000 and was revised in 2013. The present revision is made in consultation with the practitioners and scientists of Ayurveda, Siddha, Unani and Homeopathy. This harmonized approach helped in accommodating wide range of evidence based medicines in the EDLs, which are also preferred by practitioners in a particular region because of their composition and long history of use.

The objective of EDL is to provide a choice to the procurers, manufacturers and suppliers to organize minimally required medicines in inadequate amounts, in the appropriate dosage forms, with assured quality and at affordable prices to achieve high quality patient care. Apart from this, the EDL also aims at ensuring continuous supply of medicines to avoid medicine shortages

leading to rationing of drugs, cancel or delay treatments, or utilize alternative drugs that may be less efficacious, potentially impacting patient care. There is a global rise in the use of traditional medicines including ASU &H and the sector is invigorating its efforts in R&D activities. I hope that this EDL will also provide a basis to take up research programmes for revalidation of classical formulations and approaches.

However, it is pertinent to mention that the ASU&H EDLs are not the standard list of medicines but are the outcome of careful selection of a limited range of system-wise medicines. Relying on EDL-based procurement of medicines has the benefit of objective, transparent and need-based selection of medicines and optimal use of financial resources for health coverage.

This exercise of revision of EDL was greatly enabled by the expert advice provided by a number of stake holders and I express my gratitude to all the contributors.



Dr. Anand Thiru Tharu Gudivada
Adviser (Ayurveda)
Head-Drug Policy section
Government of India
Ministry of Ayush

GENERAL GUIDELINES

Following are the guiding principles to organize procurement and management of essential medicines-

- National List of Essential AYUSH Medicines (NLEAM) should be preferred for selection and procurement of medicines for supply to AYUSH health facilities. It may be taken as building block for need-based selective medicinal procurements.
- It is imperative to ensure that medicines being procured are genuine and meet the licensing requirements and quality standards as mentioned in the Drugs & Cosmetics Act, 1940 and the Rules thereunder.
- Since medicines are used for multiple indications, it is better to select such medicines from the NLEAM for procurement as could effectively meet the priority health needs of the population in the catchment areas of dispensaries, hospitals etc. In this regard, decision for listing out the medicines from NLEAM for procurement should be based on collective recommendations of the in-service doctors at state or district level. It is not necessary that all medicines listed in NLEAM have to be purchased. The procurement agencies may decide the required medicines as per the prevalence of ailments and needs of patients attending the health facilities.
- To discourage loose dispensing of medicines to the patients, it is advisable to procure medicines in standard unit pack sizes as indicated in NLEAM for each medicine. The unit pack size of the medicine has been indicated on the basis of weekly requirement of medicines to be given to the patients. Small dispensable paper bags, plastic bottles, polythene envelops etc. may be used for dispensing medicines to patients for 3-4 days.
- The indications, contraindications and precautions of use given against each medicine are the general and illustrative. Specific details of proper use of medicines may be seen in the respective authoritative or reference books.
- The medicines to be procured out of the NLEAM must be distributed to patients under medical supervision.
- Due care of the storage conditions and expiry dates of the medicines should be taken. Spoiled or expired medicines should not be used or dispensed.

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ABBREVIATIONS



Ayurveda

AFI	Ayurvedic Formulary of India	IPD	In Patient Department
AH	Ashtang Hridya	ml	Milliliter
ANM	Ayurveda Nibandha Mala	NS	Nothing Specific
API	Ayurvedic Pharmacopoeia of India	OPD	Out Patient Department
BBR	Bharat Bhaishajya Ratnakara	RSTSSPS	Rasatantrasara va Siddhaprayoga Samgraha
BP	Bhavaprakash	RTS	Rasa Tantra Sara
BR	Bhaishajya Ratnavali	RYS	Rasa Yoga Sagar
CA(U)	Chikitsarnava Uttarardha	SBMM	Siddhabhaishajmanimala
CD	Chakradatta	SS	Sharangdhara Samhita
CS	Charaka Samhita	SY	Sahasrayoga
gm	Gram	TSF	Teaspoonful
		YR	Yogaratanakara



Homoeopathy

Ø	mother tincture
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Unani

BK-II	BiazKabir Vol.II
gm	Gram
IPD	In Patient Department
ml.	Millilitre
NFUM	National Formulary of Unani Medicine
NS	Nothing Specific
OPD	Out Patient Department
q.s.	Quantity Sufficient
UPI	Unani Pharmacopoeia of India



Siddha

AVCK	Agathiyar Vaidya Chillarai Kovai
gm	Gram
HP	Hospital Pharmacopoeia
IPD	In Patient Department
mg	Milligram
ml	Millilitre.
NS	Nothing Specific
OPD	Out Patient Department
SFI	Siddha Formulary of India
SPI	Siddha Pharmacopoeia of India
SVT	Siddha Vaidya Thirattu
TK	Theraiyar Kudineer

**LIST OF
ESSENTIAL
AYURVEDIC MEDICINES**



Asava Arista

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
1.	Abhayarishta	AFI	200 ml	Arsha, Agnimandya, Udararoga, Vibandha	12-24 ml	NS	Both
2.	Amritarishta	AFI	200 ml	Sarvajvara, Jirna Jvara	12-24 ml	NS	Both
3.	Aragvadarishta	AH	200 ml	Kandu, Tvak Vikara, Vibandha	12-24 ml	NS	Both
4.	Aravindasava	AFI	200 ml	Balaroga, Balakshaya, Agnimandya, Aruchi	12-24 ml	NS	Both
5.	Arjunarishta/ Parthadharishta	AFI	200 ml	Hridroga, Hridrava, Hrid-daurbalya, Moha, Murchha	12-24 ml	NS	Both
6.	Ashokarishta	AFI	200 ml	Asrigdara, Shveta Pradara, Yoniroga	12-24 ml	NS	Both
7.	Ashvagandharishta	AFI	200 ml	Murchha, Apasmara, Shosha, Unmada, Karshya	12-24 ml	NS	Both
8.	Balarishta	AFI	200 ml	Daurbalya, Vataroga, Agnimandya, Karshya	12-24 ml	NS	Both
9.	Chandanasava	AFI	200 ml	Shukrameha, Mutrakriccha, Hridroga	12-24 ml	NS	Both
10.	Dashmularishta	AFI	200 ml	Vata Vyadhi, Daurbalya, Prasavottara roga	12-24 ml	NS	Both
11.	Drakshasava	AFI	200 ml	Aruchi, Hridroga, Pandu Duarbalya, Kshaya	12-24 ml	NS	Both
12.	Draksharishta	AFI	200 ml	Agnimandya, Kasa, Shvasa, Urahkshata, Kshaya, Malavarodha, Daurbalya	12-24 ml	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IPD
13.	Jirakadyarishta	AFI	200 ml	Sutikaroga, Agnimandya, Atisara, Grahaniroga	12 - 24 ml	NS	Both
14.	Kanakasava	AFI	200 ml	Kasa, Shvasa, Rajayakshma, Kshatakshina	12-24 ml	NS	Both
15.	Kumaryasava	AFI	200 ml	Rajodushti, Krichhrtav, Paktishula, Parinamashula,	12-24 ml	NS	Both
16.	Kutajarishta	AFI	200 ml	Grahaniroga, Pravahika, Raktatisara, Agnimandya	12-24 ml	NS	Both
17.	Khadirarishta	AFI	200 ml	Tvak Roga, Kushtha, Krimi, Arbuda	12-24 ml	NS	Both
18.	Lodhrasava/ Rodhrasava	AFI	200 ml	Prameha, Pradara, Arsha Garbhasayaroga,	12-24 ml	NS	Both
19.	Lohasava	AFI	200 ml	Pandu, Kamala, Shotha, Hridroga, Daurbalya	12-24 ml	NS	Both
20.	Mustakarishtha	AFI	200 ml	Agnimandya, Ajirna, Grahaniroga, Visuchika	12-24 ml	NS	Both
21.	Pippalyadyasava	AFI	200 ml	Grahaniroga, Agnimandya, Gulma, Udararoga,	12-24 ml	NS	Both
22.	Rohitakarishtha	AFI	200 ml	Pliha, Udararoga, Gulma, Kamala	12-24 ml	NS	Both
23.	Sarasvatarishtha	AFI	200 ml	Apasmara, Manasa Dosha, Smritibhransha, Udvega	12-24 ml	NS	Both
24.	Ushirasava	AFI	200 ml	Pittajaroga, Daha, Trisha, Pittaja Netravvyadhi	12-24 ml	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
25.	Vasakasava	AFI	200 ml	Kasa, Shvasa, Raktapitta	12-24 ml	NS	Both
26.	Punarnavasava	AFI	200 ml	Shotha, Pliha-Yakridroga, Mutraroga	12-24 ml	NS	Both

Arka Kalpana

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
27.	Arka Yavani/ Arka Ajvayana	AFI	50 ml	Trikshula, Agnimandya, Anaha,	10-25 ml	NS	Both
28.	Arka Shatpushpa/ Mishreyarka	AFI	50 ml	Mandagni, Adhamana, Shula, Krimi, Yonishula	10-25 ml	NS	Both
29.	Arka Pudina	AFI	50 ml	Chhardi, Ajirna, Udarashula, Agnimandya	10-25 ml	NS	Both

Avaleha, Khand, Pak Kalpana

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
30.	Agastya Haritaki/ Agastya Rasayana	AFI	100 gm	Hikka, Kasa, Shvasa, Rasayana	5-15 gm	NS	Both
31.	Bilvadi Leha	AFI	100 gm	Jirna Pravahika, Aruchi, Agnimandya, Praseka, Chhardi	10 - 50 gm	NS	Both
32.	Brahama Rasayana	AFI	100 gm	Manodaurbalya, Jara, Smritibhransha	10-15 gm	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IPD
33.	Chitraka Haritaki	AFI	100 gm	Pinasa, Kasa, Shvasa,	10-50 gm	Pregnancy, Pitta Prakriti, Paittika Roga	Both
34.	Chyavanprash Avaleha	AFI	100 gm	Kasa,Shvasa, Rasayana	12-24 gm	NS	Both
35.	Drakshavaleha	AFI	100 gm	Pandu, Kamala, Halimaka, Daurbalya, Kshaya	6-12 gm	NS	Both
36.	Haridrakhanda Paka	AFI	100 gm	Shitapitta, Kandu Visphota, Dadru, Udarda, Kotha	6 gm	NS	Both
37.	Kutajavaleha	AFI	100 gm	Atisara, Grahaniroga, Pravahika	6 -12 gm	NS	Both
38.	Kalyanak Guda	AFI	100 gm	Udararoga, Gulma, Bhagandar, Arsha	6-12 gm	NS	Both
39.	Kantakarya-valeha	AFI	100 gm	Hikka, Kasa, Shvasa, Jirna Pratishaya, Parshvashula	6-12 gm	NS	Both
40.	Kushmandaka Rasayana	AFI	100 gm	Kasa, Shvasa, Urahkshata, Kshaya, Raktapitta, Amlapitta	6-12 gm	NS	Both
41.	Puga Khanda/ Supari Paka	AFI	100 gm	Vandhyaroga, Pradara, Somaroga, Garbhadosha, Daurbalya	6-12 gm	NS	Both
42.	Saubhagya-shunthi Paka	AFI	100 gm	Prasavottara Lakshana, Sutikaroga, Agnimandya,	10-50 gm	NS	Both
43.	Shatavariguda	AFI	100 gm	Rajodosha, Yonidosha, Asrigdara, Padadaha, Karshya	6 -12 gm	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IPD
44.	Vasavaleha	AFI	100 gm	Kasa , Shvasa, Jvara, Parshvashula	6-12 gm	Pregnancy	Both
45.	Vyaghri Haritaki	AFI	100 gm	Kasa, Shvasa, Svarakshaya, Pratisyaya, Pinasa	6-12 gm	Pregnancy	Both

Kvatha Churna/Kashayam

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IPD
46.	Ayush Kvatha Churna	AFI	100 gm	Pacana, Kasa, Svasa, Urjaskara, Pratisyaya	3gm in 150 ml boiled water	Pregnant women should take the formulation under medical supervision	Both
47.	Dashamula Kvatha Churna	AFI	100 gm	Jvara, Sutikadosha, Shula, Shotha, Vatavyadhi	25-50 ml	Rasakshaya Bahumutratra	Both
48.	Dashmula Katutraya Kvatha Churna	AFI	100 gm	Kasa, Parshva shula, Vataroga	25-50 ml	NS	Both
49.	Dhanyapanchaka Kashaya Churna	AFI	100 gm	Amashula, Amatisara, Agnimandya, Aruchi	25-50 ml	NS	Both
50.	Guduchyadi Kashaya Churna	AH	100 gm	Agnimandhya, Pitta Dushti, Jvara	25-50 ml	NS	Both
51.	Indukantam Kashayam Churna	SY	100 gm	Vata Roga, Kshaya	25-50 ml	NS	Both
52.	Pancha-vaikala Kashaya Churna	SS	100 gm	Vranashotha, Upadan sha, Shveta Pradara	100 ml Kvatha for washing wound/ vaginal douche	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
53.	Pathyadi Kvatha (Shadanga) Churna	AFI	100	Shiroroga, Bhru- shankha- Karna Shula, Ardhabhedaka, Suryavarta	25-50 ml	Chhardi, Atisara, Ativirechanajanya Rasakshaya, Vataprakopa	Both
54.	Phalatrikadi Kvatha Churna	AFI	100 gm	Kamala, Pandu	25-50 ml	Chhardi, Atisara, Ativirechanjanya Rasakshaya, Vataprakopa	Both
55.	Rasnasaptaka Kashaya Churna	AFI	100 gm	Janghashula, Urushula, Parshvashula, Trikshula, Prishashula	25-50 ml	Concomitant use of Eranda Taila in Garbhini	Both
56.	Shadanga Kvatha Churna	AFI	100	Trishna, Jvara	25-50 ml	Nausea due to bitterness	Both
57.	Trinapanchamula Kvatha Churna	AFI	100 gm	Mutrakricchra	25-50 ml	NS	Both
58.	Varunadi Kvatha Churna	AFI	100 gm	Ashmari, Mutrasthila	25-50 ml	NS	Both
59.	Vasaguduchyadi Kashaya Churna	AH	100 gm	Pandu, Raktapitta	25-50 ml	NS	Both

Guggulu

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
60.	Amritadi Guggulu	BR	10 gm	Vata Rakta, Dushtavrana,	500 mg - 1gm	Long term use in pregnancy	Both
61.	Gokshuradi Guggulu	AFI	10 gm	Prameha, Mutrakricchra, Mutraghata, Ashmari, Pradara	500 mg - 1gm	Long term use in pregnancy	Both
62.	Kanchanara Guggulu	AFI	10 gm	Galaganda, Gandamala, Apachi, Arbuda, Granthi	500 mg - 1gm	Long term use in pregnancy	Both
63.	Kaishora Guggulu	AFI	10 gm	Vatashonita, Pramehapidika, Vrana, Kustha	Up - 3 gm	Long term use in pregnancy	Both
64.	Lakshadi Guggulu	AFI	10 gm	Asthibhagna, Astichyuti, Asthiruja	Up - 3 gm	Long term use in pregnancy	Both
65.	Navak Guggulu	BR	10 gm	Sthaulya, Sandhigata Vata	500 mg - 1gm	Long term use in pregnancy	Both
66.	Rasna Guggulu	SS	10 gm	Gridhrasi, Amavata	500 mg - 1 gm	Long term use in pregnancy	Both
67.	Simhanada Guggulu	AFI	10 gm	Amavata, Vatarakta, Sandhi Shula, Agnimandya	Up to 3 gm in divided doses	Pregnancy	Both
68.	Saptavinshati Guggulu	AFI	10 gm	Parshvashula, Kasa Shvasa, Hritshula	Up to 3 gm in divided doses	Pregnancy	Both
69.	Triphala Guggulu	AFI	10 gm	Bhagandara, Arsha, Nadi Vrana, Gulma, Shotha	Up to 3 gm in divided doses	Pregnancy Chronic or recurrent diarrhoea	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
70.	Trayodashanga Guggulu	AFI	10 gm	Gridhrasi, Sandhigraha, Katigraha	Up to 3 gm in divided doses	Pregnancy	Both
71.	Punarnava Guggulu	AFI	10 gm	Vatarakta, Vriddhiroga, Gridhrasi, Vastigatahula, Amavata	Up to 3 gm in divided doses	Pregnancy	Both
72.	Yogaraja Guggulu	AFI	10 gm	Amavata, Agnimandya, Sandhigatavata	Up to 3 gm in divided doses	Pregnancy	Both

Ghrita

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
73.	Brahmi Ghrita	AFI	100 gm	Apasmara, Unmada, Smritikshaya, Budhidaurbalya	10 - 15 gm	NS	Both
74.	Dadimadi Ghrita	AFI	100 gm	Pandu, Parinamshula, Agnimandya	10-15 gm	NS	Both
75.	Guggulutiktaka Ghrita	AH	100 gm	Vata Roga	5-10 gm	NS	Both
76.	Jathyadi Ghrita	AH	100 gm	Vrana, Dagdha Vrana	To be applied on affected part	NS	Both
77.	Kalyanaka Ghrita	AFI	100 gm	Bhutonmada, Apasmara, Balagraha, Visavikara, Garavisha, Smritidaurbalya	10-15 gm	NS	IPD
78.	Kshirashatpala Ghrita	CS	100 gm	Gulma, Grahaniroga, Pliha	Up to 50 gm	NS	IPD

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S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IPD
79.	Panchatikta Ghrita	AFI	100 gm	Dushtavrana, Tvak Vikara	5-10 gm	NS	Both
80.	Phala Ghrita	AFI	100 gm	Yonivyapat	10-15 gm	NS	IPD
81.	Shatavaryadi Ghrita	SY	100 gm	Mutraghata	10-15 gm	NS	IPD
82.	Sukumar Ghrita	AFI	100 gm	Vidvibandha, Udararoga, Gulma, Yonishula, Pliharoga	10-15 gm	NS	Both
83.	Indu kanta Ghrita	AFI	100 gm	Shula, Udara, Vishama Jvara	10-15 gm	NS	IPD
84.	Tiktaka Ghrita	AH	100 gm	Tvakroga	10-15 gm	NS	Both
85.	Triphala Ghrita	AFI	100 gm	Kamala, Timira, Netraroga, Visarpa, Khalitya	10-15 gm	NS	Both

Churna - Multi-ingredient

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
86.	Ajamodadi Churna	AFI	25 gm	Shula, Gridhrasi, Amvata	3-6 gm	NS	Both
87.	Avipattikara Churna	AFI	50 gm	Amlapitta, Vidagdhajirna	3-6 gm	NS	Both
88.	Balachaturbhadra Churna	AFI	25 gm	Jvara, Atisara, Bala Shosha	250 - 500 mg	NS	Both
89.	Bilvadi Churna	CA(U)	50 gm	Shotha, Shula Yukta Bradhna	3-6 gm	NS	Both
90.	Dadimastak Churna	AFI	50 gm	Grahaniroga, Atisara, Aruchi	3-6 gm	NS	Both
91.	Dashanasanskara Churna	AFI	50 gm	Mukha Roga, Danta Roga	Use as tooth powder	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
92.	Eladi Churna	AFI	25 gm	Kasa, Shvasa	2 -4 gm	NS	Both
93.	Hingvashtaka Churna	AFI	50 gm	Agnimandya, Shula, Gulma,Vataroga	2- 4 gm	NS	Both
94.	Lavanabhaskara Churna/ Bhaskar-lavan churna	AFI	50 gm	Agnimandya, Gulma, Ajirna, Grahaniroga, Vatakaphajaroga,	3-6 gm	Shotha, Jalodara, hypertension, long term use	Both
95.	Nisha-Amalaki Churna	AH	50 gm	Prameha, Madhumeha	3-6 gm	NS	Both
96.	Pushyanuga Churna	AFI	25 gm	Raktapradara, Shwetapradara, Raktarsha	2-3 gm	NS	Both
97.	Panchanimba Churna	AFI	25 gm	Kshudrakushtha, Mahakushtha, Raktadushti	3- 5 gm	NS	Both
98.	Sitopaladi Churna	AFI	25 gm	Shvasa, Kasa, Kshaya, Urdhvaga Raktapitta	2-3gm	NS	Both
99.	Talishadya Churna	AFI	25 gm	Kasa, Shvasa, Pratishyaya, Jvara	2-4 gm	NS	Both
100.	Trikatu Churna	AFI	25 gm	Arochaka, Ama, Agnimandya	1-2 gm	Paittika Vikara or Prakriti, Raktaj Roga, pregnancy, long term use	Both
101.	Triphala Churna	AFI	50 gm	Anaha, Prameha, Netraroga	3-6 gm	Dehydration	Both
102.	Jatiphaladya Churna	AFI	25 gm	Atisara, Pravahika, Vatashlaimika Pratishyaya	1-3 gm	Infantile diarrhea, long term use	Both

Churna - Single Ingredient

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
103.	Amalaki Churna	API	50 gm	Prameha, Raktapitta, Amlapitta,Daha	3 - 6 gm	NS	Both
104.	Arjuna Churna	API	50 gm	Hridroga, Prameha	3 - 6 gm	NS	Both
105.	Ashvagandha Churna	API	50 gm	Kshaya, Daurbalya, Vatroga,Klaivya	3 - 6 gm	Long term use may increase blood pressure	Both
106.	Gokshura Churna	API	50 gm	Mutraghata, Mutrashmari, Vrishya, Rasayana	2 - 5 gm	NS	Both
107.	Guduchi Churna	API	50 gm	Kushtha,	3 - 6 gm	NS	Both
108.	Haritaki Churna	API	50 gm	Vibandha, Udararoga	3-6 gm	Debility, pregnancy, dehydration, Paittika Roga	Both
109.	Pippali Churna	API	25 gm	Rasayana, Jvara, Shvasa, Kasa	1-2 gm	Long term use in higher doses	Both
110.	Pippali mula Churna	API	25 gm	Udararoga, Anaha, Gulma, Shiroroga	500 mg - 1 gm	NS	Both
111.	Punarnava Churna	API	50 gm	Shotha, Pandu	2-3 gm	NS	Both
112.	Shunthi Churna	API	25 gm	Amavata, Agnimandya Udararoga,Shvasa	2- 3 gm	NS	Both
113.	Sarasvata Churna	BR	25 gm	Medhya, Smriti and Buddhi Vardhaka	1 - 2 gm	NS	Both
114.	Trivritamul Churna / Trivrita Churna	API	25 gm	Malabandha, Gulma, Udararoga	2 - 3gm	Dehydrat ion, malnutrit ion, long term use	Both
115.	Vidanga Churna	API	50 gm	Krimiroga, Medoroga	5 - 10 gm	May prevent or disrupt conception	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
116.	Yashtimadhu/ Madhuyashti/ Yashti Churna	API	50 gm	Rasayana,Kasa, Shvasa, Vranaropana, Kshaya, Svarbheda	Up to 12 gm	Obesity, hyper- tension, oedema, long term use	Both

Taila

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
117.	Anutaila	AFI	10 ml	Urdhvajatru- gataroga, Palitya	2-10 drops for nasal admini- stration	NS	Both
118.	Apamargkshara Taila	AFI	10 ml	Badhirya, Karnanada, Karnagutha	2-5 drops in each ear	NS	Both
119.	Bala Taila	AFI	50 ml	Kshata,Kshaya, Vatavyadhi, Shosha, Gulma	For Abhyanga	NS	Both
120.	Balashvagand- hadi Taila	AH	50 ml	Balaroga	For Jwara	NS	Both
121.	Bhringaraja Tail	BR	50 ml	Keshapata, Shiroroga, Khalitya, Indralupta	For Nasya, Shiro- abhyanga, Kavalgraha	NS	Both
122.	Dhanvantar Taila/Dhanvantar Taila Avarti	AFI	10 ml	Vataroga, Pakshavadha, Dhatukshaya, Sutikaroga, Balaroga	10-30 drops for internal use	Amadosha	Both
123.	Eranda Taila	CD	50 ml	Vatavikara, Gridhrasi, Vibandha, Katishula	10-30 ml	Peri- conception period, long term use in pregnancy	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
124.	Erimedadi Taila	AFI	25 ml	Mukha Roga , Dantaroga	For Kavalgraha, Pratisarana, Nasya, Shiro-dharana	NS	Both
125.	Gandharvahasta Taila	AFI	50 ml	Vidradhi, Udara, Mahavataroga, Gulma, Udavarta	6-12 ml	Ajirna, Amavast ha	Both
126.	Jatyadi Taila	AFI	25 ml	Vrana, Vranashotha	Application on wound or injury	NS	Both
127.	Kshirbala Taila / Kshirbala Taila Avarti (Shatapaki)	AFI	50 ml	Vatarakta, Vataroga, Sukradosha, Rajodosha, Karshya	Internal use: 10-12 ml External use: Abhyanga and Nasya	NS	Both
128.	Kottamachukkadi Taila	AFI	50 ml	Vataroga, Amavata, Angasthambha	For Abhyanga	NS	Both
129.	Karpuradi Taila	SY	50 ml	Khalli, Angavedana, Sandhivedana	For Abhyanga	NS	Both
130.	Kasisadi Taila	AFI	25 ml	Arsha	External use for Arshankura	NS	Both
131.	Laghuvishagarbha Taila	AFI	50 ml	Vataroga, Pakshaghat,	For Abhyanga	NS	Both
132.	Marichyadi Taila	AFI	25 ml	Kandu, Vicharchika	Application on affected part	NS	Both
133.	Mahanarayan Taila	AFI	50 ml	Vataroga, Pakshaghata, Ardita, Vandhyatva	For Abhyanga, Nasya, Anuvasana Vasti	NS	Both
134.	Brihanmasha Taila / Mahamash Taila	AFI	50 ml	Ardita , Shirokampa, Vidradhi, Bahushosha, Avabahuka	For Abhyanga	NS	Both
135.	Murivenna Tail	SY	50 ml	Abhighataja Vedana and Vata Vikara	For Abhyanga	NS	Both
136.	Narayana Taila	AFI	50 ml	Vataroga, Pangu, Shirogatavata, Manyastambha, Hanustambha	Internal use: 6 gm External use: f Nasya, Abhyanga and Anuvasana Vasti	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
137.	Nalpamaradi Taila	AFI	25 ml	Tvakroga, Kushta, Pama, Kandu	For Pratisarana, Abhyanga	NS	Both
138.	Nirgundi Taila	BR	25 ml	Nadivrana, Pama, Apachi, Gandamala, Galaganda	Internal use: 15- 30 ml External use: Abhyanga and 2-6 drops for Nasya or Karnapurana	NS	Both
139.	Panchaguna Taila	AFI	50 ml	Sandhigatvata, Karnashula, Vrana	For Abhyanga, wound dressing Karnapurana or Karnabindu	NS	Both
140.	Pinda Taila	AFI	50 ml	Vataraktaruja, Daha	Used externally for Abhyanga	NS	Both
141.	Prasarini Taila	AFI	50 ml	Vataroga, Gridhrasi, Khanja, Panguvata	For Abhyanga over affected body part	Not to be used in Guda roga, Krisha rogi, Ajirna, Vomit, Kritnasya, Virikta	IPD
142.	Sahacharadi Taila/ Brihatsahcharadi Taila	AFI	50 ml	Vatavyadhi, Kampa, Unmada, Pinasa, Yoniroga, Akshepa	Internal use: 6-12 ml External use for Abhyanga	NS	IPD
143.	Saindhavadi Taila	AFI	50 ml	Kaphavataja Nadivrana,	For Abhyanga	NS	IPD
144.	Shadabindu Taila	AFI	10 ml	Drishtidaurbalya, Keshashata, Shiroroga,	For Nasya, Kavalgraha, Abhyanga, Shiroabhyanga	NS	IPD
145.	Somaraji Taila / Bakuchi Taila	AFI	25 ml	Shvitra, Kushtha	For local application on affected body part	Discontinue if excessive irritation, vescication, extensive hyperpigmentation appears	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

Lavana & Kshara

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IP
146.	Apamarga Kshar	AFI	10 gm	Gulma, Grahani, Shvasa, Sharkara, Ashmari	125-500 mg	NS	Both
147.	Yavakshar	AFI	10 gm	Adhamana, Anaha, Gulma, Mutrakricchra	500 mg - 1 gm	NS	Both
148.	Ksharsutra	CD	30 cm thread of 20 No	Bhagandara, Arsha, Nadivrana, Charmkila	To be applied on affected part	NS	IPD

Lepa for local application

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IP
149.	Dashanga Lepa	AFI	50 gm	Visarpa, Sthanika Shotha, Kushtha	To apply on affected part	NS	Both
150.	Shveta Malaham	AFI	25gm	Agnidagdha	To apply on affected part	NS	Both
151.	Sarjarasa Malahara	RTS SP S	25 gm	Dushta Vrana, Arsha, Gudapaka, Vidarika	To apply on affected part	NS	Both

Vati & Gutika

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
152.	Abhayadi Modakam	SS	20 gm	Malabandha	2-4 modakam	NS	Both
153.	Bilvadi Gutika	AFI	5 gm	Vishuchika, Ajirna, Garadosha, Jvara	1-2 pills	NS	Both
154.	Chandraprabha Vati	AFI	5 gm	Prameha, Mutrakricchra, Mutraghata, Ashmari, Striroga, Daurbalya, Pandu, Kamala	250 mg	NS	Both
155.	Chitrakadi Gutika	AFI	5 gm	Agnimandya, Amadosha, Grahaniroga	250-500 mg	Pregnancy, Uterine bleeding, Pitta Prakriti, Raktpittaj Roga, long term use	Both
156.	Dhanvantar Gutika	AFI	5 gm	Kasa, Shvasa, Hridroga, Yakshma, Hikka	250 -500 mg	NS	Both
157.	Eladi Gutika	AFI	10 gm	Kasa, Shvasa, Chhardi, Bhrama, Svarabheda, Raktanishthivana	500 mg -1 gm	NS	Both
158.	Kankayan Gutika	AFI	10 gm	Gulma, Krimi, Arsha	500 mg-1 gm	NS	Both
159.	Khadiradi Gutika (Mukhroga)	AFI	10 gm	Mukhdaurgandhya, Mukhapaka, Dantaroga, Galaroga	1 - 2 pills	NS	Both
160.	Kutajaghan Vati	AFI	5 gm	Atisara, Grahani, Jvaratisara	250-500 mg	NS	Both
161.	Lavangadi Vati	AFI	5 gm	Kasa, Shvasa	1-2 pills	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
162.	Lahsunadi Vati	AFI	10 gm	Visuchika, Ajirna, Atisara	500 mg - 1 gm	Hyperacidity, Peptic Ulcer, Pitta Prakriti, history of Raktapitt aja Vikara	Both
163.	Prabhakara Vati	AFI	5 gm	Hridroga, Daurbalya	125-250 mg	NS	Both
164.	Rajahpravartini Vati	AFI	5 gm	Rajorodha, Kastartava	250 mg	Pregnancy, lactation, excessive Uterine Bleeding, kidney disease, discontinue in case of severe abdominal pain	Both
165.	Samshamani Vati / Guduchighana Vati	AFI	5 gm	Jvara, Jirna Jvara, Vishma Jvara, Daha	250-500 mg	NS	Both
166.	Sarpagandhaghana Vati	AFI	5 gm	Anidra, Manodvega	250-500 mg	Concomitant use of medicines made of Vatsanabha or Gokshuru, anti hyperten sives/ depressants/ psychotropic medicines postural hypotension, bradycardia	Both
167.	Sanjivani Vati	AFI	5 gm	Mandagni, Ajirna, Gulma, Visuchika, Sarpadamsha	125 mg	Pitta Prakriti individuals, hyper sensitivity to Bhallataka, patients having history of Raktapittaja Vikara, pregnancy, cardiac arrhythmia, long term use	Both
168.	Vettumaran Gulika	SY	5 gm	Jvara, Chhardi, Mutraghata, Gulma	250-375 mg	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

Varti, Netrabindu, Anjana

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
169.	Nalikeranjana	AFI	25 ml	Netravrana, Arma, Timira, Pittaja Netraroga, Abhishyanda	1-2 drops to be instilled in eyes	NS	Both

Sattva

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
170.	Guduchi Sattva	AFI	25 gm	Jvara, Vatarakta, Kamala, Prameha	500 mg- 1gm	NS	Both

Parpati

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
171.	Panchamrita Parpati	AFI	5 gm	Grahani, Atisara, Agnimandya, Kshaya	125- 250 mg	Peri-concepti onal period, pregnancy, lactation period, kidney disease, small children	Both
172.	Shveta Parpati/ Kshara Parpati	AFI	10 gm	Ashmari, Mutrakriccha, Mutraghata	500 mg- 1 gm	NS	Both

Pishti Kalpana

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IP
173.	Akika Pishti	AFI	5 gm	Hriddaha, Hridroga, Kshaya, Shiroroga, Kasa,	125 - 250 mg	NS	Both
174.	Mukta Pishti	AFI	2 gm	Manodosha, Unmada, Hridroga	65-125 mg	NS	IPD
175.	Pravala Pishti	AFI	5 gm	Kasa, Pittaroga, Manodaurbalya, Ojakshya, Hridroga	250 mg	NS	Both

Bhasma

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IP
176.	Godanti Bhasma	AFI	10 gm	Shirahshula, Pitta Jvara, Jirnajvara, Daha	500 mg- 1 gm with ghee, sugar, warm milk or water	NS	Both
177.	Jaharamohara Bhasma	AFI	5 gm	Hridroga, Raktapitta, Arsha, Raktaj Pravahika	250- 500 mg	NS	Both
178.	Kapardika Bhasma	AFI	5 gm	Parinamashula, Agnimandya, Karnasrava	250 mg	Not to be used on change of physical characteristics	Both
179.	Mandur Bhasma	AFI	5 gm	Kamala, Pandu	250-500 mg	NS	Both
180.	Muktashukti Bhasma	AFI	5 gm	Udarashula, Jvara, Pitta Jvara, Raktajroga	250-500 mg	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
181.	Shankha Bhasma	AFI	5 gm	Agnimandya, Amlapitta, Vidagdhajirna, Parinamashula,	250 mg	NS	Both
182.	Sphatika Bhasma	AFI	5 gm	Jvara, Kaphaja Vrana, Shvitra, Visarpa,, Raktasrava, Yonibhransha	125-250 mg	NS	Both
183.	Tankana Bhasma/ Saubhagya Bhasma	AFI	5 mg	Kasa, Shvasa	125 - 250 mg	NS	Both

Mandura

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
184.	Punarnavadi Mandura	AFI	5 gm	Pandu, Shotha, Pliharoga	250-500 mg	NS	Both



LIST OF ESSENTIAL AYURVEDIC MEDICINES

Rasayoga

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
185.	Arogyavardhini Vati/Rasa	AFI	5 gm	Kushta, Medoroga, Jvara	250-500 mg	Old age, paediatric age group, periconceptional period, pregnancy, lactation period, kidney disease, karshaya	Both
186.	Arsho Kuthara Rasa	BR	5 gm	Arsha	250 mg	NS	Both
187.	Brahmi Vati	AFI	5 gm	Bhrama, Manoroga, Aptantrak, Akshepa, Hriddaurbalya	125-250 mg	NS	Both
188.	Gandhak Rasayana	YR	5 gm	Kushta, Raktadushti, Prameha	250-500 mg	Hyper sensitivity, loose motions	Both
189.	Kamadudha Rasa	RYS	5 gm	Amlapitta, Raktapitta, Daha, JirnaJvara, Pradara	125-250 mg	NS	Both
190.	Laghmalini Vasanta Rasa	AFI	5 gm	Kshaya, Yakshma, Pradara, Netraroga, Arsha, JirnaJvara	125- 250 mg	Kidney disease, long term use	Both
191.	Laghu Sutashekhara Rasa	AFI	5 gm	Pittaja Shirahshula, Ardhabhedaka, Suryavarta, Daha, Urdhvaga raktapitta	250-500mg	Long term use, pregnancy lactation period, paediatric age group	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
192.	Navajivana Rasa	RTS	2 gm	Hridya , Balya, Shulahara	625-125 mg	Long term use, hypertension, pregnancy	Both
193.	Shankha Vati	AFI	5 gm	Grahani, Atisara, Amajirna, Visuchika, Shula	250-500 mg in divided doses	Kidney disease, bradycardia, arrhythmia, hypotension, long term use, peri-conceptual period period, pregnancy, lactating mothers and debilitate patients	Both
194.	Shirahshuladi vajra Rasa	AFI	5 gm	Shirahshula, Shiroroga	250-500 mg in divided doses in single or divided dose	Kidney disease, bradycardia, arrhythmia, hypotension, long term use, peri-conceptual period period, pregnancy, lactating mothers and debilitate patients	Both
195.	Shvasakuthara Rasa	AFI	5 gm	Kasa, Shvasa, Vatakaphaja Roga	125-250 mg	Kidney disease, bradycardia, arrhythmia, hypotension, long term use, peri-conceptual period period, pregnancy, lactating mothers and debilitate patients	IPD
196.	Smritisagara Rasa	AFI	5 gm	Apasmara, Smriti Daurbalya	125-250 mg	NS	Both

LIST OF ESSENTIAL AYURVEDIC MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
197.	Tribhuvankirti Rasa	AFI	5 gm	Jvara, Pratishtyaya, Kasa	125-250 mg	Bradycardia, arrhythmias, small children, Vrikka Roga, long term administration, periconceptual period, pregnancy, debilitate patients	Both
198.	Vatagajankusha Rasa	BR	5 gm	Vata Roga, Avabahuka, Urustambha, Pakshaghata, Gridhrasi	250 mg	Long term use, Vrikka Roga, periconceptual period, pregnancy, lactation and debilitate patients	IPD
199.	Vatavidhavansan Rasa	AFI	5 gm	Vatajashula, Sutika Vata, Grahaniroga	250 mg	NS	IPD

Lauha

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD /IP
200.	Navayasa Lauha	AFI	5 gm	Pandu, Kamala, Hridroga	250 mg	NS	Both
201.	Saptamrita Lauha	AFI	5 gm	Timira, Drishtimandya	250 mg	NS	Both

**LIST OF
ESSENTIAL
UNANI MEDICINES**



LIST OF ESSENTIAL UNANI MEDICINES

Arqqiyat

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
1.	Arq-e-Ajeeb	NFUM-I	05 ml	Nafkh-e-Shikam, Ghasayan, Qai, Waj-ul-Meda, Ishal, Haiza, Qulanj, Nazla, Zukam, Laza-e-Hashrat, Shaqiqa, Suda	2-5 drops	NS	Both
2.	Arq-e-Ajwayin	NFUM-I	200 ml	Zof-e-Hazm, Nafkh-e-Shikam	50-100 ml	NS	Both
3.	Arq-e-Badiyan	NFUM-I	200 ml	Su-e-Hazm, Nafkh-e-Shikam	60-120 ml	NS	Both
4.	Arq- e -Biranjasif	NFUM - V	200 ml	Warm e Jigar, Warm e Meda-wa-Ama	125 ml	NS	Both
5.	Arq-e-Gaozaban	NFUM-I	200 ml	Zof-e-Aza-e-Raeesa, Khafaqan	60-120 ml	NS	Both
6.	Arq-e-Gulab	NFUM-I	50 ml	Muqawwi-e-Qalb, Mohallil-e-Warm	60-120 ml	NS	Both
7.	Arq-e-Kasni	NFUM-I	200 ml	Warm-e-Kabid,-Yarqan	60-120 ml	NS	Both
8.	Arq-e-Mako	NFUM-I	200 ml	Zof-e-Kabid, Warm-e-Ahsha	60-120 ml	NS	Both
9.	Arq-e-Mundi	NFUM-I	200 ml	Fasad-ud-Dam	60-120 ml	NS	Both
10.	Arq-e-Zeera	NFUM-V	200 ml	Muqawwi-e-Meda & Kasir-e-Riyah	50-75ml	NS	Both

Huboob

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
11.	Habb-e-Asgand	NFUM-V	30 pills	Waja-ul-Mafasil & Waja-ul-Warik	500mg-1 gm	NS	Both
12.	Habb-e-Azaraqi	NFUM-I	30 pills	Falij, Laqwa, Khadar	250-500 mg	Hyper-tension	Both
13.	Habb-e-Bawaseer-Amya	NFUM-I	30 pills	Bawaseer-e-Amya, Qabz	250-500 gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
14.	Habb-e-Bawaseer Damiya	NFUM-I	30 pills	Bawaseer-e-Damiya	250–500 mg	NS	Both
15.	Habb-e-Bukhar	NFUM-I	30 pills	Humma-e-Hadda	250–500 mg	NS	Both
16.	Habb-e-Hilteet	NFUM-I	30 pills	Nafkh-e-Shikam,Zof-e-Hazm,Zof-e-Ishteha	500mg–1gm	NS	Both
17.	Habb-e-Hindi Zeeqi	NFUM-I	30 pills	Zeeq-un-Nafas	125–250 mg	Pregnancy	Both
18.	Habbe Irequn Nisa	NFUM-III	30 pills	Irequn Nisa, Niqris, Wajul Mafasil	5-10 gm	NS	Both
19.	Habb-e-Jadwar	NFUM-I	30 pills	Zof-e-Asab,Zof-e-Bah	250–500mg	NS	Both
20.	Habb-e-Jawahar	NFUM-I	30 pills	Zof-e-Aza-e-Raeesa, Zof-e-Asab	125–250mg	NS	Both
21.	Habb-e-Jaryan	NFUM-III	30 pills	Jaryan,Kasrat-e-Ihtelam	250–500mg	NS	Both
22.	Habb-e-Jund	NFUM-I	30 pills	Umm-us-Sibyan,Sara, Falij	125–500mg	NS	Both
23.	Habb-e- Marwa-reed	NFUM-I	30 pills	Zofe Reham, Sailanur Reham	250-500mg	Pregnancy	Both
24.	Habb-e-Kabid Naushadri	NFUM-I	30 pills	Zof-e-Hazm,Waram-e-Kabid	500mg–1gm	Hypertension-	Both
25.	Habb-e-Karanjwa	NFUM-III	30pills	Humma	150–250mg	NS	Both
26.	Habb-e-Khabsul Hadeed	NFUM-I	30 pills	Faqr-ud-Dam,Is-tesqa,Bawaseer-e-Damiya	150–500mg	NS	Both
27.	Habb-e-Mudir	NFUM-I	30 pills	Ehtebas-e-Tams	2–4gm	Pregnancy	Both
28.	Habb-e-Mumsik	NFUM-I	30 pills	Surat-e-Inzal,Kasrat-e-Ehtelam	250–500mg	NS	Both
29.	Habb-e-Muqil	NFUM-I	30 pills	BawaseerAmya,Qabz, Waj-ul-Mafasil	500mg–1gm	NS	Both
30.	Habb-e-Mussafi-e-Khoon	NFUM-III	30 pills	Fasad-ud-Dam	250–500mg	NS	Both
31.	Habb-e-Pechish	NFUM-I	30 pills	Zaheer,Nazf-ud-Dam, Ishal	125–250mg	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
32.	Habb-e-Raal	NFUM-I	30 pills	Ishal, Qurooh-e-Me-da, Qurooh-e-Isna Ashri	500mg-1gm	NS	Both
33.	Habb-e-Rasaut	NFUM-I	30 pills	Bawaseer-e-Damiya, Zaheer-e-Muzmin	3-5gm	NS	Both
34.	Habb-e-Shifa	NFUM-I	30 pills	Humma, Tashannuj-e-Rewi, Ze-eq-un-Nafas, Niqras,	250-500mg	Pregnancy, infants and small children	Both
35.	Habb-e-Suranjan	NFUM-I	30 pills	Irq-un-nisa, Waj-ul-Mafasil, Warm-e-Mafasil	1-3gm	NS	Both
36.	Habb-e-Surfa	NFUM-I	30 pills	Musakkin-e-Sual	125-250mg	NS	Both
37.	Habb-e-Tankar	NFUM-I	30 pills	Qabz-e-Muzmin, Nafkh-e-Shikam	500-750mg	NS	Both
38.	Habb-e-Tursh Mushtahi	NFUM-I	30 pills	Zof-e-Hazm, Zof-e-Ishteha, Nafkh-e-Shikam	500mg-1gm	Hyper-tension	Both
39.	Iksir Shifa	NFUM-V	30 pills	Dard-e-Sar, Sahar, Mirgi & Junoon	500mg-1gm	NS	Both

Aqras

40.	Qurs Asfar	NFUM-V	30 pills	Daad, Khujli, Phunsi, Phoda	750 mg-1.5 gm	NS	Both
41.	Qurs-e-Dawa-ul-Shifa	NFUM-IV	30 pills	Zightuddam Qawi, Haijan, Junoon, Sahar	250-500 mg	NS	Both
42.	Qurs-e-Deedan	NFUM-I	30 pills	Deedan-e-Ama	250-500mg	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
43.	Qurs-e-Habis	NFUM-V	30 pills	Nakseer, Kasrat-e-Tams, Kasrat-e-Haiz, Baul-ud-Dam	250–500mg	NS	Both
44.	Qurs-e-Kafoor	NFUM-I	30 pills	Humma-e-Haadda, Humma-e-Diq	5–10gm	NS	Both
45.	Qurs-e-Malti Basant	NFUM-V	30 tabs	Ishal,Zof-e-Meda	100–150mg	NS	Both
46.	Qurs-e-Mulaiyin	NFUM-I	30 pills	Qabz,QulanjSuddi,Suda-e-Muzmin	1–2gm	NS	Both
47.	Qurs-e-Ziabetes Khas	NFUM-I	30 tabs	ZiabetesSadiq	1–2gm	NS	Both

Kushtajat

48.	Kushta-e-Faulad	NFUM-I	10 gm	Su-ul-Qinya, Zof-e-Kabid	15–30mg	NS	Both
49.	Kushta-e-Gaodanti	NFUM-I	10 gm	Hummiyat,Fali-j,Laqwa,Waj-ul-Mafasil,Niqras	60–120mg	NS	Both
50.	Kushta Khabsul Hadeed	NFUM-I	10 gm	Zofe Kabid, Sual Qiniya	125–250mg	NS	Both
51.	Kushta-e-Hajr-ul-Yahood	NFUM-I	10 gm	Hasat-e-Masana,Hasat-e-Kulya	125–250mg	NS	Both
52.	Kushta-e-Qalai	NFUM-I	10 gm	Jaryan,Surat-e-Inzal,-Sailan-ur-Rahem	125–250mg	NS	Both
53.	Kushta-e-Qaranul Eyyal	NFUM-V	10 gm	Suaal-e-Balghami,Zaat-ur-Riya, Zaat-ul-Janab& Wajus-Sadr.	60–125mg	NS	Both

Itrifalat

54.	Itrifal-e-Fauladi	NFUM-III	100 gm	Bawaseer-e-Amya,-Su-ul-Qinya	5–10gm	NS	Both
55.	Itrifal-e-Ghudadi	NFUM-I	100 gm	Khana-zeer,Warm-e-Ghudad	10–20gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
56.	Itrifal-e-Kishneezi	NFUM-I	100 gm	Nazla Muzmin, Nafkh-e-Shikam, Suda-e-Reehi	10-30gm	NS	Both
57.	Itrifal-e-Mulayin	NFUM-V	100 gm	Qabz, Nazla & Suda	5-10gm	NS	Both
58.	Itrifal-e-Muqawwi Dimagh	NFUM-V	100 gm	Zof-e-Dimagh, Nazla & Dard-e-Sar	5-10gm	NS	Both
59.	Itrifal-e-Shahtra	NFUM-I	100 gm	Fasad-ud-Dam, Suda, Kharish	5-10gm	NS	Both
60.	Itrifal-e-Ustukhoodos	NFUM-I	100 gm	Nazla Muzmin, Suda, Sara,	5-10gm	NS	Both
61.	Itrifal-e-Zamani	NFUM-I	100 gm	Qabz, Qulanj, Suda, Nazla	5-10gm	NS	Both

Jawarishat

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
62.	Jawarish-e-Amla Sada	NFUM-I	100 gm	Zof-e-Meda, Zof-e-Kabid, Nafkh-e-Shikam, Ishal-e-Safrawi, Khafkhan	5-10gm	NS	Both
63.	Jawarish-e-Anarain	NFUM-I	100 gm	Zof-e-Meda, Zof-e-Kabid, Ghasayan, Ishal-e-Safrawi	5-10gm	NS	Both
64.	Jawarish-e-Bisbasa	NFUM-I	100 gm	Zof-e-Meda, Zof-e-Hazm, Bawaseer-Amya, Nafkh-e-Shikam	5-10gm	NS	Both
65.	Jawarish-e-Jalinoos	NFUM-I	100 gm	Zof-e-Aza-e-Raeesa, Zof-e-Meda, Nafkh-e-Shikam	5-15gm	NS	Both
66.	Jawarish-e-Kamooni	NFUM-I	100 gm	Humuzat-e-Meda, Qabz, Nafkh-e-Shikam	10-15gm	NS	Both
67.	Jawarish-e-Mastagi	NFUM-I	100 gm	Zof-e-Meda, Sailan-e-Loab-e-Dehan, Ishal	5-10gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
68.	Jawarish Ood Shirin	NFUM - I	100 gm	Ishal, Zofe Hazm, Zofe Ishteha	5-10 gm	NS	Both
69.	Jawarish-e-Pudina	NFUM-I	100 gm	Zof-e-Hazm, Zof-e-Ishteha, Ishal	5-10 gm	NS	Both
70.	Jawarish-e-Pudina Wilayti	NFUM - V	100 gm	Zofe Hazm, Matli, Qai	5 gm	NS	Both
71.	Jawarish-e-Shahi	NFUM-I	100 gm	Nafkh-e-Shikam, Khafqan, Waswas	5-10 gm	NS	Both
72.	Jawarish-e-Zanjabeel	NFUM-I	100 gm	Nafkh-e-Shikam, Zof-e-Ishteha, Ishal	5-10 gm	NS	Both
73.	Jawarish-e-Zarooni Sada	NFUM-I	100 gm	Zof-e-Kulya, Husat -e-Kulya-o-Masana,	5-10 gm	NS	Both

Khamirajat

74.	Khamira Abresham Hakim Arshadwala	NFUM-I	60 gm	Zof-e Aza-e-Raeesa, Zof-e-Umumi, Khafqan	3-6 gm	NS	Both
75.	Khamira Abresham Sada	NFUM-I	60 gm	Khafqan, Zof-e-Qalb	5-10gm	NS	Both
76.	Khamira Abresham Sheera Unnab wala	NFUM-V	60 gm	Khafqan, Muqawwi-e-Dimagh, Zof-e-Basar	3-6gm	NS	Both
77.	Khamira Banafsha	NFUM-I	60 gm	Nazla, Sual, Qabz	10-20gm	NS	Both
78.	Khamira Gaozaban Ambri-Jadwar Ood Saleebwala	NFUM-V	60 gm	Epilepsy, Ummus-Sub-iyah & Ikhtenaqur -Rahem	3-5gm	NS	Both
79.	Khamira Gaozaban Sada	NFUM-I	60gm	Zof-e-Dimagh, Zof-e-Qalb, Malikhuliya, Zof-e-Basarat	5-10gm	NS	Both
80.	Khamira Marwareed	NFUM-I	60 gm	Zof-e-Qalb, Zof-e-Asab, Khafqan, Atash-e-Mufrit	3-5gm	NS	Both
81.	Khamira Sandal Sada	NFUM-I	60 gm	Khafqan	5-10gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

Laooqat and Luboob

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
82.	Laooq-e-Badam	NFUM-I	100 gm	Sual, Khushu-nat-e-Halaq	5-10gm	NS	Both
83.	Laooq-e-Katan	NFUM-I	100 gm	Zat-ur-Riya,Sual,Zeeq-un-Nafas	5-10gm	NS	Both
84.	Laooq-e-Khiyar-shambar	NFUM-I	100 gm	Nazla,Zukam,Sual,Qa-bz	10-20gm	NS	Both
85.	Laooq-e-Sapistan	NFUM-I	100 gm	Anaf-ul-Anza,Sual-e-Muzmin,Nazla,Zukam	10-20gm	NS	Both
86.	Laooq-e-Zeequn Nafas	NFUM - I	100 gm	Zeequn Nafas, Bahatus sout	5-10 gm	NS	Both
87.	Luboob-e- Barid	NFUM - I	100 gm	Zofe Bah, Surate Inzal, Jaryan, Riqqate Mani, Zakawate His	3-5 gm	NS	Both
88.	Luboob-e-Kabir	NFUM-I	100 gm	Zof-e-Bah,Zof-e-Asab, Qillat-e-Mani	5-10gm	NS	Both

Marham (Qairooti & Zimad)

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
89.	Marham Gulabi	NFUM-I	50 gm	Qurooh, Busoor, Haraq, Salq	q.s/ for external use	NS	Both
90.	Marham-e-Quba	NFUM-I	50 gm	Quba, Khushu-nat-e-Jild	q.s/ for external use	NS	Both
91.	Marham Saeeda Chob Neem Wala	NFUM - V	50 gm	Bawaseer	q.s/ for external use	NS	Both
92.	Qairooti -e-Aarad-e-Karsana	NFUM-I	50 gm	Zat-ul-Janb, Zat-us-Sadar, Zat-ul-Riya	q.s/ for external use	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

Majoonat

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
93.	Majoon-e-Arad Khurma	NFUM-I	100 gm	Jaryan, Riqqat-e-Mani, Zof-e-Bah, Qillat-e-Mani	10–15gm	NS	Both
94.	Majoon-e-Azaraqi	NFUM-I	100 gm	Falij, Laqwa, Waj-ul-Mafasil, Zof-e-Asab	3–5gm	NS	Both
95.	Majoon-e-Chobchini	NFUM-I	100 gm	Waj-ul-Mafasil, Falij, Hikka, Jarb	5–10gm	NS	Both
96.	Majoon-e-Dabeed-ul-ward	NFUM-I	100 gm	Zof-e-Kabid, Warm-e-Kabid, Faqr-ud-Dam,	5–10gm	NS	Both
97.	Majoon-e-Flasifa	NFUM-I	100 gm	Waj-ul- Mafasil, Zof-e-Bah, Salas-ul-Baul	5–10gm	NS	Both
98.	Majoon-e-Hajr-ul- Yahood	NFUM-I	100 gm	Husat-e-Kulya, Husat-e-Masana	5–10gm	NS	Both
99.	Majoon-e-Hamal Ambari Al-wiKhani	NFUM-I	100 gm	Zof-e-Rahem, Adat-e-Isqat	5–10gm	NS	Both
100.	Majoon-e-Ispand Sokhtani	NFUM-I	100 gm	Waj-ul-Asab, Surat-e-Inzal	5–10gm	NS	Both
101.	Majoon-e-Jograj Guggal	NFUM-I	100 gm	Falij, Laqwa, Rasha, Warm-e-Mafasil	5–10gm	NS	Both
102.	Majoon-e-Kundur	NFUM-I	100 gm	Zof-e-Masana, Taqteer-ul- Baul, Salas-ul-Baul, Baul Fil frash	5–10gm	NS	Both
103.	Majoon-e-Masik-ul-Baul	NFUM-I	100 gm	Salas-ul-Baul, Baul Fil frash, Sailan-e-Mani	5–10gm	NS	Both
104.	Majoon-e-Muqawwi-erahem	NFUM-I	100 gm	Sailan-ur-Rahem, Isterkha -e- Rahem, Kasrate Tams	5–10gm	NS	Both
105.	Majoon-e-Muqil	NFUM-I	100 gm	Qabz, Warm-e- Quloon, Bawaseer Amiya	5–10gm	NS	Both
106.	Majoon-e-Najah	NFUM-I	100 gm	Malikholia, Ikhtinaq -ur -Rahem, Qulanj	5–10gm	NS	Both
107.	Majoon-e- Piyaz	NFUM-I	100 gm	Zof-e-Bah, Jaryan, Surat-e-Inzal	5–10gm	NS	Both
108.	Majoon-e- Sangdana -e- Murgh	NFUM-I	100 gm	Zof-e-Meda, Zof-e-Ama, Zof-e-Kabid, Ishal	5–10gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
109.	Majoon-e- Seer Alvi Khani	NFUM-I	100 gm	Tasammum, Falij, Laqwa, Rasha	5-10gm	NS	Both
110.	Majoon-e-Suhag Sonth	NFUM-I	100 gm	Waj-ul-Rahem, Zof-e-Rahem, Sailan-ur-Rahem	5-10gm	NS	Both
111.	Majoon-e-Supari Pak	NFUM-I	100 gm	Sailan-ur- Rahem, Uqr	10-15gm	NS	Both
112.	Majoon-e-Suranjan	NFUM-I	100 gm	Waj-ul-Mafasil, Niqras, Warm-e- Mafasil	5-10gm	NS	Both
113.	Majoon-e- Ushba	NFUM-I	100 gm	Waj-ul-Mafasil, Jarb, Hikka	5-10gm	NS	Both

Mufarreh

114.	Mufarreh Barid	NFUM-I	100 gm	Zofe Qalb, Zofe Asab, Khafqan	5-10 gm	NS	Both
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Murabbajat and Gulqand

115.	Murabba Amla	NFUM-I	100 gm	Zofe Dimagh, Zofe Kabid, Zofe Meda	20-30 gm	NS	Both
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Raughaniyat

116.	Raughan-e-Aamla	NFUM-I	50ml	Intesar-e- Shar	q.s/for external use	NS	Both
117.	Roghan -e -Badam Shirin	NFUM-I	50ml	Sahar, Yubs e Jild, Yubs e Dimagh, Qabz	5-10 ml	NS	Both
118.	Raughan-e-Baiza-e-Murgh	NFUM-I	50ml	Da-us-Salab	q.s/for external use	NS	Both
119.	Raughan-e-Gul	NFUM-I	50ml	Suda-e-Muzmin, Warm-e-Mafasil Haad	q.s/for external use	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
120.	Roghan- e -Ikseer	NFUM - VI	50ml	Suda, Wajul Uzn, Wajul Asnan, Ishaal, Waj al Sadr	5 Drops with Sugar/ Q.S. Ext	NS	Both
121.	Raughan-e-Kahu	NFUM-I	50ml	Sahar, Sara, Malikhuliya	q.s/ for external use	NS	Both
122.	Raughan-e-Laboob Saba	NFUM-I	50ml	Sahar	q.s/ for external use	NS	Both
123.	Raughan-e-Malkangni	NFUM-I	50ml	Waj-ul-Qutn, Niqras, Khadar,Zof-e-Asab	q.s/ for external use	NS	Both
124.	Raughan-e-Qaranfal	NFUM-I	05ml	Waj-ul-Asnan, Qulanj	q.s/ for external use	NS	Both
125.	Raughan-e-Suranjan	NFUM-I	50ml	Waj-ul-Mafasil, Ireq-un-Nisa, Niqras, Warm-e-Mafasil	q.s/ for external use	NS	Both
126.	Raughan-e-Surkh	NFUM-I	50ml	Waj-ul-Mafasil, Ireq-un-Nisa, Niqras	q.s/ for external use	NS	Both
127.	Raughan-e-Turb	NFUM-I	05ml	Waj-ul-Uzn	q.s/ for external use	NS	Both
128.	Raughan-e-Zaitoon	NFUM-I	50ml	Ireq-un-Nisa,Waj-ul-Mafasil, Qurooh	q.s/ for external use	NS	Both

Sufoof

129.	Sufoof-e-Bars	NFUM-I	50 gm	Bars	10–20gm	NS	Both
130.	Safoof- e -Chobchini	NFUM - I	50 gm	Wajul Mafasil, Niqris, Aatishak, Irequnnisa, Fasad uddam	5-10 gm	NS	Both
131.	Safoof-e-Chutki	NFUM-I	50 gm	Su-e-Hazm, Ishal	250–500mg	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
132.	Sufoof-e-Habis-ud-Dam	NFUM-I	50 gm	Kasrat-e-Tams, Nazf-ud-Dam, Ishal-e-Damwi	3-5gm	NS	Both
133.	Safoof e Hazim	NFUM-I	50 gm	Nafakh Shikam, Zofe Hazm	2-5 gm	NS	Both
134.	Safoof e Hijrul Yahud	NFUM-I	50 gm	Hasate Kuliya wa Masana	5-10 gm	NS	Both
135.	Sufoof-e-Mudrr-e-Haiz	NFUM-I	50 gm	Ehtebas-e-Tams	5-10 gm	Pregnancy	Both
136.	Sufoof-e-Muhazzil	NFUM-I	50 gm	Saman-e-Mufrit	5-10gm	NS	Both
137.	Safoof-e-Namak-e-Shaikhur Raees	NFUM-I	50 gm	Zof-e-Hazm, Nafkh-e-Shikam, Ghasayan	3-5gm	Hyper-tension	Both
138.	Safoof- e - Suranjan	NFUM-I & NFUM-VI	50 gm	Wajul Mafasil & Niqris	2- 6 gm	NS	Both
139.	Sufoof-e-Teen	NFUM-I	50 gm	Ishal-e- Safra io Damwi, Zaheer, Qurooh-e-Meda	5-10 gm	NS	Both

Sharbat

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
140.	Sharbat-e-Anjbar	NFUM-I	200 ml	Nafs-ud-Dam, Nazf-ud-Dam, Kasrat-e-Tams	25-50ml	NS	Both
141.	Sharbat-e-Belgiri	NFUM-V	200 ml	Zaheer, Ishal	25-50 ml	NS	Both
142.	Sharbat-e-Buzoori Motadil	NFUM-I	200 ml	Ehtebas-e-Baul, Humma-e- Murakkab	25-50 ml	NS	Both
143.	Sharbat-e-Deenar	NFUM-I	200 ml	Warm-e-Kabid,-Yarqan-e-Suddi	20-40 ml	NS	Both
144.	Sharbat-e-Ejaz	NFUM-I	200 ml	Sual, Nazla, Zukam	20-40 ml	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
145.	Sharbat-e-Faulad	NFUM-VI	200 ml	Faqr -ud- Dam	10–20ml	NS	Both
146.	Sharbat-e-Khaksi	NFUM-V	200 ml	Humma, Moti Jhara,	25–50ml	NS	Both
147.	Sharbat-e-Sadar	NFUM-I	200 ml	Bohat-us-Saut, Warm-e-Lauzatain, Nazla, Sual	20–40ml	NS	Both
148.	Sharbat-e-Toot Siyah	NFUM-I	200 ml	Bohat-us-Saut Haad, Warm-e-Lauzatain, Warm-e-Hanjara, Sual	20–40ml	NS	Both

Miscellaneous

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
149.	Sharbat-e-Unnab	NFUM-I	200 ml	Sual	20–60ml	NS	Both
150.	Banadiq-ul-Ba-zoor	NFUM-I	30 pills	Harqat-ul- Baul, Qurooh-e-Kulya, Qurooh-e-Masana	5–10gm	NS	Both
151.	Dawa-ul-Kurkum	NFUM-I	100 gm	Zof-e-Kabid, Zof-e-Hazm, Istisqa	5–10gm	NS	Both
152.	Dawa-ul-Misk Motadil Sada	NFUM-I	100 gm	Zof-e-Aza-e- Raeesa, Khafqan,	5–10gm	NS	Both
153.	Halwa-e-Ghekawar	NFUM-V	100 gm	Waja-ul- Mafasil, Dard-e-Pusht, Zeeq-un- Nafas	12–25 gm	NS	Both
154.	Malerian	NFUM-VI	50 ml	Humma-e- Ajamiya, Zof-e-Tihal, Izm-e-Tihal, Humma-e-Ruba	3–6 ml	Pregnancy	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
155.	Qutor-e-Ramad Qawi	NFUM-I	05 ml	Ramad	For Ophthalmicuse	NS	Both
156.	Sunoon-e-Mukhrij-e-Rutubat	NFUM-I	50 gm	Lissa-e-Damiya	Quantity Suffcient	NS	Both
157.	Tiryaaq-e-Arba	NFUM-I	100 gm	Tasammum, Tashannuj, Qulanj,	3-5gm	NS	Both
158.	Tiryaaq-e-Nazla	NFUM-I	100 gm	Nazla, Zukam, Sual, Suda	5-10 gm	NS	Both
159.	Zuroor-e-Kath	NFUM-I	100 gm	Qula	Q.S. Ext	NS	Both

Single Drugs

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
160.	Zuroor-e-Qula	NFUM-I	10 gm	Qula	Quantity Suffcient	NS	Both
161.	Aamla	UPI-Part-I,Vol.I	50gm	Zof-e-Dimagh, Nisyan, Suda, Qarha-e-Meda, Humuzat-e-Meda, Ishal	5-10 gm	NS	Both
162.	Afsanteen	UPI-Part-I,Vol.II	25gm	Deedan-e-Ama, Warm-e-Kabid, Warm-e-Tehal, Sara, Humma	3-5gm	NS	Both
163.	Anjeer	UPI-Part-I,Vol.II	50 gm	Warm-e-Tehal, Sara, Zeeq un Nafas	10-12 gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
164.	Arjun	UPI-Part-I, Vol.IV	25gm	Zof-e-Qalb, Kha-faqan, Warm-e-Qalb, Fasad-e-Dam, Ishal, Sangrahni, Hummi-yat-e-Muzmina	3-5gm	NS	Both
165.	Asl-us-soos	UPI-Part-I, Vol.I	50gm	Sual, Khushu-nat-e-Halaq, Bohat-us-SautHaad, ZeequnNafas, Hirqat-ul-Baul	5-10gm	NS	Both
166.	Aspaghhol	UPI-Part-I, Vol.II	50gm	Zaheer, Qabz, Sual-e-Yabis	5-10gm	NS	Both
167.	Babchi	UPI-Part-I, Vol.I	25gm	Fasad-ud-Dam, Juzam, Bars, Bahaq Abyza.	3-5gm	NS	Both
168.	Badiyan	UPI-Part-I, Vol.I	25 gm	Waj-ul-Meda, Nafkh-e-Shikam, Zof-e-Meda, Ethebas-e-Baul, Ethebas-e-Tams, Zof-e-Basarat	5 to 7gm	NS	Both
169.	Banafsha	UPI-Part-I, Vol.III	50gm	Humma, Nazla, Zatul Janb, Zatur-Riya, Sual.	5-10 gm	NS	Both
170.	Bisfayej	UPI-Part-I, Vol.II	50gm	Amraze Balghami wa Saudawi, Juzam, Malikhuliya, Nafakh shikam, Qulanj	10-15gm	NS	Both
171.	Burada Sandal Surkh	UPI-Part I, Vol.V	50gm	Zofe Qalb, Khafqan, Taskeen Hararat, Tasfia khoon	1-4 gm	NS	Both
172.	Burada Sandal Safaid	UPI-Part I, Vol.VI	50gm	Khafqan, Hurqatul Baul, Suzak, Sual	3-6 gm	NS	Both
173.	Burada Sheesham	UPI-Part I, Vol.V	50gm	Fasad ud dam, Deedan Ama,	5-7 gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
174.	Chiraita	UPI-Part-I, Vol.I	50gm	Su-e-Hazm, Nafkh-e-Shikam, Fasad-ud-Dam, Istisqa-e-Zaqqi, Busoor, Taqteerul Baul, Zof-e-Ishteha	5to7 gm	NS	Both
175.	Chobchini	UPI-Part-I, Vol.V	50gm	Suda Muzmin, Shaqiqa, Nazla, Zukam, Zof Bah, Fasad Dam,Waja-ul-Mafasil.	5-10 gm	NS	Both
176.	Gilo	UPI-Part-I, Vol.I	50gm	Humma, Ishal, Zaheer,Deedan-e-Ama.	5-10 gm	NS	Both
177.	Gaozaban	UPI-Part-I, Vol.II	50gm	Zeeq-un-Nafas, Yarqan, Zukam, Nazla, Khafqan	5-10 gm	NS	Both
178.	Ghafis	UPI-Part-I, Vol.III	25gm	Humma, Waram-e-Kabid, Istisqa, Waram-e-Tehal	3-5 gm	NS	Both
179.	GulTesu	UPI-Part-I, Vol.V	50gm	Mohallilwarm, Musakkiin-a-flam, Mudirr Baul, Qabiz, Rade Mawad	5-10 gm	NS	Both
180.	Gul-e-Surkh	UPI-Part-I, Vol.IV	25gm	Qabz, Aashob-e-Chasm, Warm-e-Jigar, Zof-e-Qalb, Khafaqan	3-5 gm	NS	Both
181.	Gul-e-Babuna	UPI-Part-I, Vol.II	25gm	Suda, Suzak, Ramad, Waj-us-Sadr, Hasat-e-Kuliya Wa Masana, Zof-e-Aam, Ikhtinaq-ur-Rahem,Su-e-Hazm, Humma-e-Naubati	5 gm	NS	Both
182.	Gul-e-Banafsha	UPI-Part-I, Vol.II	100gm	Qabz, Sual, Nazla	10-25 gm	NS	Both
183.	Khar-e-Khasak Khurd	UPI-Part-I, Vol. I	50gm	Husat-e-Masana, Hurqat-ul-Baul, Ehtebas-eHaiz, SurateInzal, Jaryan.	5 -7 gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
184.	Khiyar Shambar	UPI-Part-I, Vol.I	300gm	Qabz, Sual, Waram-e-lauzatain	20 -40 gm	NS	Both
185.	Khurfa	UPI-Part-I, Vol.IV	50gm	Shiddat-e-Atash, Ghalayan-e-Dam, Ziyadati-e-Safra, Sozishe-Meda, Amawa Baul.	3-7gm	NS	Both
186.	Khaksi	UPI-Part-I, Vol.V	50gm	Humma,Hasba, Judri. Suale Muzmin	5-10 gm	NS	Both
187.	Khubbazi	UPI-Part-I, Vol.III	50gm	Amraz-e-Riya, Qurooh-e-Meda, Suda, Waj-ul-Kabid	5-10 gm	NS	Both
188.	Konch	UPI-Part-I, Vol.IV	25gm	Jirayan,Zof-e- Bah, Surat-e-Inzal, Riqqat-e-Mani	3-5gm	NS	Both
189.	Mako	UPI-Part-I, Vol.IV	50gm	Warm-e-Jigar wa Meda, Dard-e-Gosh.	5-10gm	NS	Both
190.	Mundi	UPI-Part I, Vol.II	50gm	Jarb wa Hikkah, Quba, Zofe Basarat wa Azae Raesa	15-20 gm	NS	Both
191.	Neelofar	UPI-Part-I, Vol.IV	50gm	Zof-e Qalb, Khafqa-n,Warm-e-Halaq, Khunaq	5-7 gm	NS	Both
192.	Revandchini	UPI-Part-I, Vol.II	25gm	Yarqan, Istesqa, Warm-e-Kabid	1-3 gm	NS	Both
193.	Sana	UPI-Part-I, Vol.I	50gm	Waj-ul-Mafasil,Waj-ul-Qutn, Waj-ul-Warik, Irq-un-Nisa, Niqras,-Zeeq-un-Nafas, Jarab, Busoor, Qulanj	5 to 10 gm	NS	Both
194.	Satawar	UPI-Part-I, Vol.VI	50gm	Is-hal, Jaryan, Kasrat-e-Ehtelam, Sailan-ur-Rahem, Surat-e-Inzal, Zaheer	5-10 gm	NS	Both

LIST OF ESSENTIAL UNANI MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use in OPD/IPD
195.	Shahatra	UPI-Part-I, Vol.VI	50gm	Aatishak, Busoor, Suzak, Humma	5-10 gm	NS	Both
196.	Sumbul-ut-Teeb	UPI-Part-I, Vol.I	25gm	Suda, Nafkh-e-Shikam, Istisqa, Yarqan, Waram-e-Kabid, Waram-e-Rahem, Waram-e-Masana	3-5 gm	NS	Both
197.	Tukhm-e-Kasni	UPI-Part-I, Vol.VI	50gm	Yarqan Suddi, Waram-e-Kabid, Istisqa, Hummiyat-e-Muzmina	5-7gm	NS	Both
198.	Tukhme Khatmi	UPI-Part-I, Vol.V	50gm	Wajaul Mafasil, Zatul Janab, Zatul Riya, Nazla wa Zukam, Sual	5- 10 gm	NS	Both
199.	Tukhm-e-Karafs	UPI-Part-I, Vol.II	25gm	Zat-ul-Janb, Ireq-un-Nisa, Niqras, Waja-ul-Zohar, Nafkh-e-Shikam, Istisqa, Ehtebas-e-Baul, Hasat-e-Kuliyawa-Masana	3- 5 gm	NS	Both
200.	Zufa Yabis	UPI-Part-I, Vol.II	50gm	Zof-e-Ishteha, Nafkh-e- Shikam, Sual, Nazla, Zeeq-un-nafas, Khushoonat-e-Halq	5-10 gm	NS	Both

**LIST OF
ESSENTIAL
SIDDHA MEDICINES**



LIST OF ESSENTIAL SIDDHA MEDICINES

Karpam

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
1.	Ayabirungaraja Karpam	SFI-I	10gm	Rathakkuraivu, Narai, Asathi	500mg	NS	Both
2.	Bavana Kadukkai Mathirai	SFI-I	50gm	Erumal, Vayitru Vali, Seriyamai, Vaandhi	1 – 2 Mathirai	NS	Both
3.	Irunelli Karpam	SFI-I	10gm	Sori, Sirangu	200mg	NS	Both

Chunnam

4.	Vedi Uppu Chunnam	SFI-I	10gm	Neer Adaippu, Neer Erivu, Neer Kattu, Veekkam	100-200 mg	NS	Both
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Parpam

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
5.	Amai Odu Parpam	SFI-I	10 gm	Maantham, Kanam, Mantha Kazhlichal	80 - 160 mg	NS	Both
6.	Ganthaga Parpam	SFI-I	10gm	Megam, Sori, Sirangu, Tholnoi	100 mg	NS	Both
7.	Kalnar Parpam	SFI-I	10gm	Azhal, Neersurukku, Vellai	65-130 mg	NS	Both
8.	Kungiliya Parpam	SFI-I	10gm	Neer Ericcal, Neer Kattu, Vellai, Vettai	200-500 mg	NS	Both
9.	Muthu Parpam	SFI-I	10gm	Malaikan, Biramai, Perunkazhical, Eruvai Mulainoi	65-120 mg	NS	Both
10.	Muthuchippi Parpam	SFI-I	10gm	Malaikan, Biramai, Perunkazhical, Eruvai Mulainoi	65-120 mg	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
11.	Naga Parpam	SFI-I	10gm	Illaippu Erumal, Erivayumulainoi, Pavuthiram, Kazhichal	100-200 mg	NS	Both
12.	Nandukkal Parpam	SFI-I	10gm	Neeradaippu, Kalladaippu, Sadhaia-daippu, Neerkkattu	200-400 mg	NS	Both
13.	Nathai Parpam	SFI-I	10gm	Aasanakaduppu, Kaduppu Kazhichal, Kuruthi Eruvaaimulai	200-400 mg	NS	Both
14.	Padikara Parpam	SFI-I	10gm	Neerkkattu, Neererivu, Vaippun	100-300 mg	NS	Both
15.	Palagarai Parpam	SFI-I	10gm	Vettai, Megachoodu, Naccuvidam	50-100 mg	NS	Both
16.	PavalaParpam (Kodi Pavala Parpam)	SFI-I	10gm	Eelai, Erumal, Enburukkinoi	100-200 mg	NS	Both
17.	Pavala Parpam (NarPavalaParpam)	SFI-I	10gm	Enburukki, Eelai, Erumal	100-200 mg	NS	Both
18.	Sangu Parpam	SFI-I	10gm	Sanni, Iyyam, Kanpugaichal	100-200 mg	NS	Both
19.	Silasathu Parpam	SFI-I	10gm	Udalerivu, Neerkattu Neererivu	500 mg	NS	Both
20.	Velvenga Parpam	SFI-I	10gm	Vettai, Pavuthiram, Neermegam	65-130 mg	NS	Both
21.	Vengara Parpam	SFI-I	10gm	Veppunoikkal (Neerkkatu, Neererivu, Thasaiadaippu)	100-300 mg	NS	Both

Chenduram

22.	Annabedi Chenduram - 1	SFI-I	10gm	Veluppu Noi, Kaduppu Kazhichal	50-100 mg	NS	Both
23.	Arumuga Chenduram	SFI-I	10gm	Arai Vatham, Virai Vatham, Eruvai MulaiNoi	65-130 mg	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
24.	Aya Chenduram	SFI-I	10gm	Natpatta Vaayukal, Valippini, Azhalpini, Iyyapini	60-130 mg	NS	Both
25.	Aya Kandha Chenduram	SFI-I	10gm	Oodhal noi	65-130 mg	NS	Both
26.	Ayaveera Chenduram	SFI-I	10gm	Soolai, Valineer, Vidakkadigal	130 mg	NS	Both
27.	Chanda Marutha Chenduram	SFI-I	10gm	Ottu Rogam, Minorand-Major Ailments Dueto-Mummalakuttram	30-60 mg	NS	Both
28.	Gowri Chinthamani Chenduram	SFI-I	10gm	Soolai, Gunmam, Kaasa-Suvasam, Viraivatham, Vippuruthi	65-130 mg	NS	Both
29.	Kalameganarayana Chenduram	SFI-I	10gm	Sanni-13, Soolai-15, Tholnoi-18, Putru	30-130 mg	NS	Both
30.	Kantha Chenduram	SFI-I	10gm	Megappinigal, Aiyanoi, Keel Pidippu, Nadukku-Vatham	65-130 mg	NS	Both
31.	Linga Chenduram-No-1	SFI-I	10gm	Kulir Suram, Vali Suram, Mega Noikkal	65-130 mg	NS	Both
32.	Loga Manduram	SFI-I	10gm	Valinoikal, Muppini, Suram, Peruvayiru	30-65 mg	NS	Both
33.	Mandoora Chenduram	SFI-I	10gm	Kamalai, Paandunoikal, Arosagam	50-100 mg	NS	Both
34.	Naga Chenduram	SFI-I	10gm	Gunmam, Peruvayiru, Kavichai, Eruvaimulainoi	65-130 mg	NS	Both
35.	Padigalinga Chenduram	SFI-I	10gm	Perumbadu, Oozhi, Kazhichal	300-600 mg	NS	Both
36.	Padigara Chenduram	SVT	10 gm	Seetha bethi, Perumbadu	200-400 mg	NS	Both
37.	Uppu Chenduram-2	SVT	10gm	Seriyamai, Soolai, Gunmam, Visham	65-130 mg	NS	Both
38.	Suyamakini Chenduram	SFI-I	10 gm	Gunmam, Peruvayiru, Eruvai Ninakazhichal	130 mg	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

Karuppu

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
39.	Vediannabedi Chenduram	SFI-I	10gm	Peruvayiru, Veluppunoi, Manjalnoi, Oothalnoi	50-100 mg	NS	Both
40.	Kasthuri Karuppu	SFI-I	10gm	Sali, Suram, Irumal, Iraippu	60-130 mg	NS	Both
41.	Pattukkaruppu	SFI-I	10gm	Soothaga Soolai, Soothaga Vettai, Sanni,	65 mg	NS	Both
42.	Sivanar Amirtham	SFI-I	10gm	80Vagai Vatha Noikal, 40Vagai PithaNoikal, 20Vagai Ayya Noikal	100-200 mg	NS	Both

Pathangam

44.	Parangippattai Pathangam	SFI-I	10gm	21Vagai Megam, Soolai, Thol Noikal	100-200 mg	NS	Both
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Kuzhambu

45.	Agasthiya Kuzhambu	SFI-I	10gm	Suram, Irumal, Gunmam, Moolai Noikal	65 mg	NS	Both
46.	Jaathi Jambheera Kuzhambu	SFI-I	10gm	Vaandhi, Pitham, Vikkal, Maanthabedhi	50-100 mg	NS	Both
47.	Kowsikar Kuzhambu	SFI-I	10gm	Swasam, Erigunmam, Eruvaayu Mulai Noi	125-500 mg	NS	Both

Mezhugu

48.	Gunma Kudori Mezhugu	SFI-I	10gm	Poopukaalathilundakum Soodhaga Sanni, Gunmam, Mantham, Seriyamai	500 mg-1gm	NS	Both
49.	Idivallathi	SFI-I	10gm	Tholnoi, Kiranthi, Araiappu, Megam, Sukkila Vaayu	300 mg	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
50.	Kanthi Mezhugu	SFI-I	10gm	Mega Noikal, ThozhuNoi, Eruvai Mulai Noi	100-200 mg	NS	Both
51.	Kumatti Mezhugu	SVT	10 gm	Gunmam, Peruvayiru, Soothaga Vaayu	200-500 mg	NS	Both
52.	Rasaganthi Mezhugu	SFI-I	10 gm	Soolai Noikal, Kandamalai, Puttru Noikal, Pilavai, Tholnoikal, Megam, Silanthi, Pavuttiram, Puraiodiya Pun	300 mg	NS	Both
53.	Vaan Mezhugu	SFI-I	10gm	Sobai, PeruVaiyru, Kalladaippu, Kamalai, Sanni, Manthara Kasam, Valippu	50-100 mg	NS	Both

Theeneer

54.	Oma Theeneer	SFI-I	100 ml	Perun Kazhichal, Seriyaamai, Nina Kazhichal	15-30 ml	NS	Both
55.	Sombu Theeneer	SVT	100 ml	Vayitru Vali, Seriyaamai, Swasam, Peenisam, Suram, Athithummal	15-30 ml	NS	Both

Mathirai

56.	Amirthathikuligai	SFI-I	10 gm	Seriyamai Suram, Vaandhi, Karappan	1 mathirai	NS	Both
57.	Ananthabiravam	SFI-I	10 gm	Seedaanga Sanni	1- 2 mathirai	NS	Both
58.	Ashtabiravam	SFI-I	10 gm	64 types of Suram, Theeradha Thodam, Visha Thodam	1 mathirai	NS	Both
59.	Bala Sanjeevi Mathirai	SFI-I	10 gm	Suram, Maantham, Kanamand Vayitrottam-Rathakanam	1 mathirai	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
60.	Bramananda Bairavam Mathirai	SFI-I	10 gm	Suram, Sanni	1 mathirai	NS	Both
61.	Gorochanai Mathirai	SFI-I	5 gm	Iya Noikal, Sanni, Isivu, Allu Maantham	1 - 2 mathirai	NS	Both
62.	Kakkana Mathirai	SFI-I	10 gm	Seriyamai, Malakkattu, Vayitru puzhu	1 - 2 mathirai	NS	Both
63.	Kasthuri Mathirai	SFI-I	10 gm	Sannipatha Thodam Azhal, Aiya Suram	1 - 2 mathirai	NS	Both
64.	Karuppu Vishnu Chakkaram	SVT	10gm	Sanni, Irumal, Tholnoikal	½-1 mathirai	NS	Both
65.	Kustakajakesari	SFI-I	10gm	Thozhu Noi, Megam	1 - 2 mathirai	NS	Both
66.	Kungumappoo Mathirai	SFI-I	10gm	Aiya Kunmam, Malakkattu, Adhi Viyarvai	1 - 2 mathirai	NS	Both
67.	Linga Boopathy	SVT	10gm	Suram, Vayitru Puzhu	1 - 2 mathirai	NS	Both
68.	Maha Vasantha Kusumakaram	SFI-I	10gm	Aiya Noikal, Manjalnoikal, Soodhaga Vaayu	1 mathirai	NS	Both
69.	Mega Nathakuligai	AVCK	10gm	Gunmam, Kulir Suram, Malakkattu	2-4	NS	Both
70.	Murukkanvidai Mathirai	SFI-I	10gm	Kudarpoochigal, Maantham, Vayitru Porumal	1 - 2 mathirai	NS	Both
71.	Pachai karpooora Mathirai	SVT	10 gm	Veppa Suram, 80 types of Valinoikal,40 types of Azhal noikal, Kapha noikal	1 - 2 mathirai	NS	Both
72.	Sanjeevi Mathirai	SFI-I	10gm	Moola Vaayu, Eruvaimulai, Valigunmam, Soolai Vali	1 - 2 mathirai	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
73.	Santha Shandrothayam	SFI-I	10gm	Azhal Suram	1 - 2 mathirai	NS	Both
74.	Soolai Kudaram	SFI-I	10 gm	Soolai, Gunmam	1 mathirai	NS	Both
75.	Swasakudori Mathirai	SFI-I	10gm	Irumal, Suvasakaasam	1 - 2 mathirai	NS	Both
76.	Thazahambo Mathirai	SFI-I	10gm	Kudal Vaayu	1 mathirai	NS	Both
77.	Vatha Rakshasan	SFI-I	10gm	Sanni, Vathanoikal	1 mathirai	NS	Both
78.	Vasanthakusumakaram	SFI-I	10gm	Aiya Irumal, Siruneer Noi, Thummam	1 - 2 mathirai	NS	Both
79.	Vengara Mathirai	SVT	10gm	Malammilakki, Mookku Noikal, Soolai, Vaatham	1 mathirai	NS	Both
80.	Vishnu Chakkaramathirai	AVCK	10gm	Pakkavaatham, Vikkal, Oodhal, 13 types of Sanni, Yeppam, Moorchai, Vaayu	1 mathirai	NS	Both

Thailam

81.	Anda Thailam	SFI-I	30ml	Mantham, Valippu, Nakkuvatham	1-4 drops	NS	Both
82.	Arakku Thailam	SFI-I	50 ml	Udalkaduppu, Padu Gnayiru, Ezhu Gnayiru	For external application on scalp and body	NS	Both
83.	Arugan Thailam	HP	100 ml	Sori, Padai, Natpatta tholnoi	For external application on scalp and body	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
84.	Chirattai Thailam	SFI-I	30 ml	Sori, Padai, Natpattatholnoi	For external use, diluted with equal part of The nkkai-ennaioir Amirta Vennai	NS	Both
85.	Chithiramoola Thailam	SFI-I	50 ml	Mandaiyidi, Mandaikuthu	Used externally for bath	NS	Both
86.	Chukku Thailam	SVT	50 ml	Thalainoi, Peenisam, Aama Vaatham, Sevikkuthal	For external application	NS	Both
87.	Citramutti Thailam	SFI-I	50 ml	Karuppai partriya Vaayu, Maathandira poopu kala Gunmam	5 -10 ml internal use twice daily Also used for thokkanam and used as bath oil	NS	Both
88.	Citramutti Madakku Thailam	SFI-I	50 ml	Soothagavaatham, En-burukkinoi, Munneerkovai	5ml internal use twice daily and also used externally for thokanamandas bath oil	NS	Both
89.	Chivapu kukil Thailam	HP	100 ml	Veekkam, Vathavali, Thapitham	For external application	NS	Both
90.	Ganthaga Sudar Thailam	SFI-I	10 ml	Tholnoi, Pun, Vellai, Karumegam, Gunmam	3 drops	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
91.	Kaiyan Thailam	SFI-I	50 ml	Saliyudan Koodiya Erumal	½ -1 tea-spoon-ful for internal use, also used for external applica-tion	NS	Both
92.	Kalarchi Thailam	SFI-I	100 ml	Virai Veekkam, Adikuda-lai patriyavaayu	8-15 ml once a day, empty stomach in the morning	NS	Both
93.	Karappan Thailam	SFI-I	100 ml	Karappan	For external applica-tion	NS	Both
94.	Karpoorathi Thailam	HP	100 ml	Veekkam, Vathavali,	For external applica-tion	NS	Both
95.	Kunthirika Thailam	SFI-I	100 ml	Veekkam, Vathavali, Thapitham	For external applica-tion	NS	Both
96.	Lagu Santhanathi Thailam	SFI-I	100 ml	Azhalnoikal, Kan Erivu, Kai-kaal Udal Erivu	For ap-plication on scalp and for massage	NS	Both
97.	Lagu Vishamusti Thailam	SFI-I	100 ml	Valinoikal	For external applica-tion	NS	Both
98.	Malai Vembathi Thailam	SFI-I	100 ml	Soothaka Vaayu, 3 vagai Maladugal	15-30 ml	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
99.	Mathan Thailam	SFI-I	50 ml	Karappan, Sori, Puraiodiyapungal	For external application	NS	Both
100.	Mayana Thailam	SFI-I	50ml	Andavaatham, Paarisavaatham, Vali, Keel Vaayu, Sanni, Veekkangal, Virai Veekkam	For external application	NS	Both
101.	Meganatha Thailam	SFI-I	50 ml	Vellai, Vettai, Megam, Katti, Vayitranoi	8-30 ml	NS	Both
102.	Meni Thailam	SFI-I	50 ml	Kudal poochigal, Pavuthiram	5-10 ml	NS	Both
103.	Moolakkudara Thailam	SFI-I	50 ml	Moolam, Rathamoolam, Malakkattu	5-10ml	NS	Both
104.	Nasiroganasa Thailam	SFI-I	50 ml	Naatpatta Peenisam, Kan Thimiram, Thalaivali	For external application	NS	Both
105.	Nochi Thailam	SFI-I	50 ml	Erumal, Elaippu Erumal, Udalkaduppu	For external application	NS	Both
106.	Peenisa Thailam	SFI-I	50 ml	All types of Peenisanoikal	Used as nasal drops once in 4 days and used as bath oil once in 8 days	NS	Both
107.	Ponnangaani Thailam	SFI-I	100ml	Azhal veppanoikal, 96 types of Kannoikal	Used as bath oil	NS	Both
108.	Pungan Thailam	SFI-I	100 ml	Azhal Veppanoikal, Kannoikal	For external application	NS	Both
109.	Seeraga Thailam	SFI-I	100 ml	Azhal Mayakkam, Kan Noi, Vaandhi, Thalaivali, Maantham	Used as bath oil	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
110.	Sivanarvembukuzhi Thailam	SFI-I	50 ml	Ulaichal, Vaayu, Karappn, Thozhunoi	5-10 drops internally with Sivanarvembuchooranam Also for external application	NS	Both
111.	Ulunthu Thailam	SFI-I	50 ml	Sira Kambam, Karak kambam, Valinoikal	Used externally for thokkanam	NS	Both
112.	Vatha Kesari Thailam	SFI-I	100 ml	Vatha Noikal, Thimir-Vatham, Pakka Vaayu, Mutakku Vaayu, Muttu-Vatham	For external application	NS	Both
113.	Viranasanjeevi Thailam	SFI-I	50 ml	Pungal	A few drops smear edonbetel leaf and applied externally	NS	Both

Ilakam

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
114.	Impooral Ilakam	SFI-I	200 gm	Kuruthi Erumal, Kuruthi Vaandhii, Kuruthikka-zhichal	5-10gm	NS	Both
115.	Kadukkai Ilakam	SFI -II	200 gm	Neerkkattu, Malakkattu, Moolachoodu	5-10gm	NS	Both
116.	Karaisalai Ilakam	SFI-I	50gm	Veluppunoi, Azhalvettai, Mayakkam, Neer Surappu	2-4gm	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
117.	Karunai Ilakam	SFI-I	50 gm	All types of Eruvaimulainoikal	2-4gm	NS	Both
118.	Kesari Ilakam	SFI-I	50 gm	40 types of Azhal, Nina Kazhichal, Oodhal	3gm	NS	Both
119.	Kumari Ilakam	SFI-II	200 gm	Meganoi, Oodal, Veppam, Madhavidai Pinigal	5-10gm	NS	Both
120.	Maha Vallathi Ilakam	SFI-I	50 gm	21 types of Megam, All types of Vidam, 18 types of Tholnoi	3gm	NS	Both
121.	Mahavilvathi Ilakam	SFI-II	200 gm	Suvasakasam, Veekkam, Vaandhi, Veluppu Noi, Vayitruerichal	5-10gm	NS	Both
122.	Naracimma Ilakam	SFI-II	50 gm	Vali noikal, Narambu thalarchi	1-2 gm	NS	Both
123.	Narathai Ilakam	SFI-I	100 gm	Azhal, Gunmam, Oon veruppu, Vaandhi	5 gm	NS	Both
124.	Nellikai Ilakam	SFI-I	200 gm	Megam, Elumbaipattriyasuram	5-10gm	NS	Both
125.	Sowbakyasundi Ilakam	SFI-II	100 gm	Soothika Vayu, Meganoikal, Pacimantham	3-5gm	NS	Both
126.	Thettran Kottai Ilakam	SFI-I	100 gm	Enbusuram, Vali, Patchimantham, Eruvaai Mulainoi	5gm	NS	Both
127.	Venpoosani Ilakam	SFI-I	200 gm	ManjalNoi, Piramiyam, Neersurukku, Veppunoi	5-10gm	NS	Both
128.	Vilvathi Ilakam	SFI-I	200 gm	Azhalgumam, Azhal Vaandhii, Azhal Erivu	5-10gm	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

Rasayanam

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
129.	Inji Rasayanam	SFI-I	50 gm	Udal Erivu, Anal, Mantham, Azhal Pinikal	1-2 gm	NS	Both
130.	Kanthaga Rasayanam	SFI-I	50gm	30 Vagai Vali, 40 Vagai Azhal, 18 Vagai Soolai	3 gm	NS	Both
131.	Parangi Rasayanam	SFI-I	50gm	Megam, Parangi Pun, 96 vagai Ayya Noikal, Aan Pen Kuri Puttru	5 gm	NS	Both
132.	Tippili Rasayanam	SFI-I	50gm	Natpatta Irumal, Manthara Kasam, 96 vagai Aiyyam	½ to 1 gm	NS	Both

Nei

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
133.	Adathodi Nei	SFI-I	100 ml	Eelai, Thondaikattu, Mantham, Eruvai Mulai Noi	10-15ml	NS	Both
134.	Birami Nei	SFI-I	100 ml	Valippu, Narambu Thalarchi, Marathi	10-15ml	NS	Both
135.	Serankottai Nei	SFI-I	100 ml	Thol Noikal, Iraippirumal, Keel Vaayu	5-10ml	NS	Both
136.	Thanneer Vittan Nei	SFI-I	100 ml	Perumbadu, Vettai, Kalladaippu, Neeradaippu	10-15ml	NS	Both
137.	Thoothuvalai Nei	SFI-I	100 ml	Azhal Noikal, Megam, Iraippu Vaayu	10-15ml	NS	Both
138.	Vallarai Nei	SFI-I	100 ml	Tontha Mantham, Por-Mantham, Megam, Thol Noikal	5-10ml	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

Manappagu

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
139.	Adathodai Manappagu	SFI-I	100 gm	Irumal, Suram, Ayya Noikal, Vali Noikal	10-20gm	NS	Both
140.	Mathulai Manappagu	SFI-I	100 gm	VeluppuNoikal, KaiKal Eriyu, Vaandhii	10-15gm	NS	Both
141.	Nannari Manappagu	SFI -II	100 gm	Neer Churukku, Kan Eriyu, Navaratchi	5-10 gm	NS	Both
142.	Thurunji Manappagu	SFI-I	100 gm	Azhal Noikal, Kai Kal Eriyu, Vaandhii	10-20 gm	NS	Both

Vadagam

143.	Inji Vadagam	SFI-I	50 gm	Vellai Noi, Asseranam, Maantham, Udal Nalivu	1 mathirai	NS	Both
144.	Pirandai Vadagam	SFI-I	50 gm	Peruvayiru, Vayitruvali	1 mathirai	NS	Both
145.	Thalisaathi Vadagam	SFI-I	50 gm	Aiyam, Nina Kazhichal, Vaandhi, Perunkazhichal	1 mathirai	NS	Both

Chooranam (Multi-Ingredient)

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
146.	Amukkara Chooranam	SFI-I	50 gm	Ellaipattralnoi, Kai Kal Eriyu, Velluppu Noi	500-1000 mg	NS	Both
147.	Elathy Chooranam	SFI-I	50 gm	Pitha Vaayu, Vaayu	1-2 gm	NS	Both
148.	Kazharchi Chooranam	SFI-I	50 gm	Viraivatham, Yannaikalnoi	300-1000 mg	NS	Both
149.	Mayiliragathy Chooranam	SFI-I	50 gm	Vikkal	500-1000 mg	NS	Both
150.	Nila Vaagai Chooranam	SFI-I	50 gm	Malakattu, Porumal, Vikkal, Vaandhi, Erumal	1-2gm	NS	Both
151.	Parangi Pattai Chooranam	SFI-I	50 gm	Megam, Karumpulli, Venpulli	1-2gm	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
152.	Pancha Deepakkini Chooranam	SFI-I	50gm	Seriyamai, Porumal, Soolai, Moolavayu	1-2gm	NS	Both
153.	Seeraga Chooranam	SFI-I	50gm	Azhal, Kirukiruppu, Vaandhi	1-2gm	NS	Both
154.	Seenthil Chooranam	SFI-I	50gm	Mayirvettu, Puzhuvettu, Viraivayu	1-2gm	NS	Both
155.	Sivathai Chooranam	SFI-I	50gm	Malakkattu, Veppu, Vayu	2-4gm	NS	Both
156.	Sundai Vatrak Chooranam	SFI-I	50gm	Vayitraporumal, Mantham, Iraichal Kazhichal, Nina Kazhichal	1-2gm	NS	Both
157.	Thalisathi Chooranam	SFI-I	50gm	Erumal, Vathanoi, Azhalnoi	1-2gm	NS	Both
158.	Thayirchundi Chooranam	SFI-I	50gm	Kazhichal, Seriyamai	1-2gm	NS	Both
159.	Thirikdugu Chooranam	SFI-I	50gm	Paciyinmai, Vayitraporumal	1-2gm	NS	Both
160.	Thiripala Chooranam	SFI-I	50gm	Malakkattu; also used as mouth wash in cases of Vaaippanand for washing wounds and Ulcers	1-2gm	NS	Both

Kudineer Chooranam

161.	Adathodaikudineer Chooranam	SFI-I	100 gm	Irumal, Paciyinmai, Naatpatta Irumal, Iraippirumal	30-60 ml of decoction	NS	Both
162.	Kalladaip-pukudineer Chooranam	SFI-II	100 gm	Kalladaippu	30-60 ml of decoction	NS	Both
163.	Kaba Sura Kudineer Chooranam	SFI-I	100 gm	Aiyya Suram	30-60 ml of decoction	NS	Both
164.	Mandooraadhi Adaikudineer Chooranam	SFI-I	100 gm	Veluppu, Kamalai, Peruvayiru	30-60 ml of decoction	NS	Both
165.	Nilavembukudineer Chooranam	SFI-I	100 gm	Kulir Suram, Azhal Suram	30-60 ml of decoction	NS	Both
166.	Neermu Ilikudinee Chooranam	SFI-I	100 gm	Oodhal Noi, Veekkam, Peruvayiru, Neerkkattu	30-60 ml of decoction	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
167.	Pitha Sura Kudineer Chooranam	SFI-I	100 gm	Azhalsuram	30-60 ml of decoction	NS	Both
168.	Rathapitha Kudineer Chooranam	TK	100 gm	Ratha Pitham	30-60 ml of decoction	NS	Both
169.	Thiratchadh Kudineer Chooranam	SFI-I	100 gm	Thamaraganoikal, Vanmaiynmai	30-60 ml of decoction	NS	Both
170.	Vatha Sura Kudineer Chooranam	SFI-I	100 gm	Vali Suram, Nadukku Suram	30-60 ml of decoction	NS	Both

Pura Marunthugal Mezhugu

171.	Kilinjai Mezhugu	SFI-I	50 gm	Pittha Vedippu	For external use	NS	Both
172.	Vellai Mezhugu	SFI-I	50 gm	Pittha Vedippu	For external use	NS	Both

Vennai

173.	Amirtha Vennai	SFI-I	50 gm	Pilavai, Kandamalai, Nerikattu, Puriodiya-Pungal, Veekkangal, Araiappu	For external use	NS	Both
174.	Kungiliya Vennai	SFI-I	50 gm	Mega Vellai, Muga Erivu, Neerkkaduppu, Vayir Erichal, Kai Kal Kanthal	For external use As per direction by physician Internal also may be used	NS	Both
175.	Vanga Vennai	SFI-I	50 gm	Sori, Sirangu, Viranam, Padai, Pun	For external use	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

Kalimbu

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
176.	Mega Virana Kalimbu	SFI-I	50 gm	Pungal, Parangi Pungal, Mega Pungal	For external use	NS	Both

Podi

177.	Padai Cankaaran	SFI-I	50 gm	Padarthamarai, Padaikal	For external use	NS	Both
178.	Venkara Podi	SFI-I	50 gm	Pun, Purai, Padaikal	For external use	NS	Both

Panneer

179.	Padiga Panneer	SFI-I	100 ml	Vai Pun, KanNoi, Mookil Ratham Vadithal, Pun	For external use as gargling, Nasal drops and eye drops	NS	Both
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Mathirai

180.	Neerkkovai Mathirai	SVT	10 gm	Common cold and headache due to cold	For external use	NS	Both
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Chooranam

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Preferred use in OPD/IPD
181.	Dhanthathava-nachooranam	SFI-I	100 gm	Palvali	For external use as tooth powder	NS	Both

LIST OF ESSENTIAL SIDDHA MEDICINES

Chooranam (Single Ingredient)

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
182.	Amukkara	SPI-PartI, VoI-I	50 gm	Vindhukuraivu, Veluppu, Valinoikal	3-6 gm	NS	Both
183.	Athimathuram	SPI-PartI, VoI-I	50 gm	Siruneer Erichal, Erumal, Kan noikal, Venpulli	2 - 4 gm	NS	Both
184.	Athividayam	SPI-PartI, VoI-I	50 gm	Moolam, Murai suram, Perunkazhichal, Pun, Vaandhi	600 mg - 2 gm	NS	Both
185.	Karboogaarisi	SPI-PartI, VoI-I	50 gm	Karappan, Nanju, Namaichal, Pun, Venpulli	1-2 gm	NS	Both
186.	Keelkkaine Ilisamoolam	SPI-PartI, VoI-I	50 gm	Azhalnoikal, Kannoikal, Kuruthikkazhichal, Mad-humegam, Maantham	3-5 gm	NS	Both
187.	Maruthampattai	SPI-PartI, VoI-I	50 gm	Suram, Eraippirumal, Kazhichal, Neerizhivu, Vellai	3-6 gm	NS	Both
188.	Masikkai	SPI-PartI, VoI-II	50 gm	Akkaram, Megam, Udalthalarchi, Baalar-kanachoodu	250-500 mg	NS	Both
189.	Mavilinga pattai	SPI-PartI, VoI-I	50 gm	Kalladaippu, Kaanakkadi, Puraiodiya pungal, Vali noi	30 - 50 ml of decoction	NS	Both
190.	Nellivatral	SPI-PartI, VoI-I	50 gm	Enbupuruki, Kuruthiazhal, Utsoodu, Perumbadu, Vellai	3-6 gm	NS	Both
191.	Nerinjilmul	SPI-PartI, VoI-I	50 gm	Sathaiadaippu, Siruneerichal, Siruneerkattu, Kalladaipu	3-6 gm	NS	Both
192.	Poonaikkalividai	SPI-PartI, VoI-II	50 gm	Vali, Azhal, Aiya Noikal, Rathapokku, Karappan	3-6 gm	NS	Both

S.NO	Name of Medicine	Reference Text	Pack Size	Main Indications	Dose	Precaution / Contra-indication	Pre-ferred use in OPD/IPD
193.	Sadamanjil	SPI-PartI, Vol-I	50gm	Kuttam, Puranasuram, Thoockaminmai, Udalsoodu	500 -1000 mg	NS	Both
194.	Sirupeelai-samoolam	SPI-PartI, Vol-I	50gm	Sathaiadaippu, Kazhichal, Kalladaippu, Kuruthivaandhi, Neersuruku, Perumpadu, Veekam	5-10 gm	NS	Both
195.	Thandirkkai	SPI-PartI, Vol-I	50 gm	Aan kuri pun, Seelandhi nanju, Kuruthi azhal	2 - 4 gm	NS	Both
196.	Vaividangam	SPI-PartI, Vol-I	50 gm	Gunmam, Nanju, Nun puzhukkal, Vaayu, Veluppu noi/Pandu	5 - 10 gm	NS	Both
197.	Valmilagu	SPI-PartI, Vol-I	50 gm	Azhal noikal, Aiya noikal, Gunmam, Neer vetkai, Valinoikal, Vellai	1 -2 gm	NS	Both
198.	Vazhuluvai	SPI-PartI, Vol-I	50gm	Soothaganoikal, Erumal, Aiyanoikal, Keelvaayu, Kuruthikkazhichal, Pun, Perumbaadu	1-2 gm	NS	Both
199.	Vellarai vidai	SPI-PartI, Vol-II	50 gm	Neerkkaduppu, Neerkayyu, Kalladaippu, Mega noi	3 -6 gm	NS	Both
200.	Vellarugu Samoolam	SPI-PartI, Vol-II	50gm	Gunmam, Soolainoi, Kiranthi, Sori, Sirangu	1-2 gm	NS	Both



**LIST OF
ESSENTIAL
HOMOEOPATHY MEDICINES**



LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Oint-ment	∅	3X/6X	6	30	200	1M
1.	Acalypha Indica		√	√	√			
2.	Aconitum Napellus				√		√	√
3.	Actea racemosa						√	
4.	Aesculus hippocastanum	√					√	
5.	Agaricus muscarius						√	
6.	Allium cepa					√	√	
7.	Aloe socotrina						√	
8.	Alumina						√	
9.	Ammonium carbonicum						√	
10.	Anacardium orientale						√	√
11.	Antimonium crudum					√	√	
12.	Antimonium tartaricum				√	√	√	
13.	Apis mellifica					√	√	
14.	Argentum nitricum					√	√	
15.	Arnica montana	√	√			√	√	√
16.	Arsenicum album				√	√	√	
17.	Arsenicum iodatum				√	√	√	
18.	Avena sativa		√				√	
19.	Aurum metallicum					√	√	√
20.	Bacillinum						√	√
21.	Baptisia tinctoria		√			√		
22.	Baryta carbonicum					√	√	√

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Oint-ment	∅	3X/6X	6	30	200	1M
23.	Baryta muriaticum				√			
24.	Belladonna					√		
25.	Bellis perennis		√			√		
26.	Benzoic acid					√	√	
27.	Berberis vulgaris	√	√			√	√	
28.	Blatta orientalis		√			√		
29.	Borax					√		
30.	Bothrops						√	√
31.	Bovista					√	√	
32.	Bromium					√		
33.	Bryonia alba					√		
34.	Carbo vegetabilis					√	√	
35.	Cactus grandiflorous		√			√		
36.	Calcarea carbonica					√	√	
37.	Calcarea fluorica			√		√	√	
38.	Calcarea phosphoricum			√		√	√	√
39.	Calendula officinalis	√	√			√	√	
40.	Cannabis indica				√	√		
41.	Cantharis	√	√			√	√	√
42.	Carduus marianus		√		√	√		
43.	Carcinosinum						√	√

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Oint-ment	∅	3X/6X	6	30	200	1M
44.	Caulophyllum					√	√	
45.	Causticum					√	√	√
46.	Cephalandra indica		√					
47.	Chamomilla				√	√	√	√
48.	Chelidonium majus		√			√		
49.	China officinalis		√		√	√	√	
50.	Chininum arsenicosum			√	√	√		
51.	Chininum sulphuricum				√			
52.	Cicuta virosa					√	√	
53.	Cina		√		√	√	√	
54.	Cocculus indicus				√	√		
55.	Coca					√	√	
56.	Coffea cruda					√	√	
57.	Colchicum autumnale				√	√	√	
58.	Collinsonia canadensis					√	√	√
59.	Conium maculatum				√	√	√	√
60.	Colocynthis				√	√	√	
61.	Crataegus		√	√		√	√	
62.	Crotalus horridus					√	√	
63.	Croton tiglium				√	√		
64.	Condurango		√			√	√	
65.	Cuprum metallicum					√	√	

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Oint-ment	∅	3X/6X	6	30	200	1M
66.	Digitalis purpurea				√	√		
67.	Dioscorea villosa				√	√		
68.	Drosera rotundifolia					√	√	
69.	Dulcamara					√	√	
70.	Echinacea angustifolia		√		√			
71.	Equisetum hyemale				√	√	√	
72.	Eupatorium perfoliatum					√	√	
73.	Euphrasia officinalis		√			√	√	
74.	Eel serum			√	√	√		
75.	Ferrum metallicum						√	
76.	Fluoricum acidum					√	√	
77.	Gelsemium sempervirens				√	√	√	√
78.	Glonoinum					√	√	
79.	Graphites					√	√	√
80.	Guaiacum				√		√	
81.	Gun Powder			√				
82.	Hamamelis virginica	√	√		√		√	
83.	Helleborus niger				√	√		
84.	Hepar sulphuris calcareum				√	√	√	√
85.	Hydrastis canadensis		√			√		
86.	Hydrocotyle asiatica				√			
87.	Hyoscyamus niger						√	

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Oint-ment	∅	3X/6X	6	30	200	1M
88.	Hypericum perforatum		√			√	√	√
89.	Hippozaenium					√	√	
90.	Ignatia amara					√	√	√
91.	Iodium					√	√	√
92.	Ipecacuanha				√	√	√	
93.	Iris versicolor					√	√	
94.	Janosia asoka		√					
95.	Kali bromatum			√	√	√		
96.	Kali bichromicum					√	√	
97.	Kali phosphoricum					√	√	
98.	Kali carbonicum					√	√	√
99.	Kali iodatum					√	√	
100.	Kali muriaticum					√	√	
101.	Kali sulphuricum					√		
102.	Kalmia latifolia					√	√	√
103.	Kreosotum		√			√	√	
104.	Lac defloratum					√	√	√
105.	Lac caninum					√	√	
106.	Lachesis					√	√	√
107.	Lapis albus				√	√		
108.	Ledum palustre	√				√	√	√
109.	Lycopodium clavatum					√	√	√

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Ointment	∅	3X/6X	6	30	200	1M
110.	Magnesium carbonicum					√	√	
111.	Magnesium phosphoricum					√	√	√
112.	Medorrhinum						√	√
113.	Mercurius corrosivus				√	√	√	
114.	Mercurius solubilis				√	√	√	√
115.	Mezereum					√	√	
116.	Millefolium		√			√		
117.	Muriatic acid					√	√	
118.	Natrum arsenicum				√	√	√	
119.	Natrum carbonicum					√	√	√
120.	Natrum muriaticum					√	√	√
121.	Natrum phosphoricum					√		
122.	Natrum sulphuricum					√	√	√
123.	Nitric acid					√	√	√
124.	Nux moschata					√	√	
125.	Nux vomica					√	√	√
126.	Ocimum cannum		√		√	√		
127.	Ocimum sanctum		√					
128.	Opium					√	√	
129.	Passiflora incarnata		√					
130.	Petroleum	√				√	√	√
131.	Phosphoric acid		√			√	√	√

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Ointment	∅	3X/6X	6	30	200	1M
132.	Phosphorus					√	√	√
133.	Physostigma					√	√	
134.	Plantago major		√		√	√		
135.	Platinum metallicum						√	√
136.	Plumbum metallicum						√	√
137.	Podophyllum peltatum				√	√	√	
138.	Psorinum					√	√	√
139.	Pulsatilla nigricans					√	√	√
140.	Pyrogenium						√	√
141.	Ranunculus bulbosus					√	√	
142.	Ratanhia				√	√		
143.	Rauwolfia serpentina		√			√		
144.	Rhododendron chrysanthemum					√	√	
145.	Rhus toxicodendron	√			√	√	√	√
146.	Robinia pseudacacia				√	√		
147.	Rumex crispus				√	√		
148.	Ruta graveolens					√	√	
149.	Sabal serrulata		√		√			
150.	Sabina				√	√		
151.	Senega					√	√	
152.	Sarsaparilla		√			√		
153.	Secale cornutum					√	√	

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Oint-ment	∅	3X/6X	6	30	200	1M
154.	Sepia					√	√	√
155.	Silicea					√	√	√
156.	Spigelia antihelminthica				√	√	√	
157.	Spongia tosta				√	√	√	
158.	Stannum metallicum				√	√	√	
159.	Staphysagria					√	√	√
160.	Sticta pulmonaria				√	√		
161.	Stramonium					√	√	√
162.	Sabadilla					√	√	
163.	Sulphur					√	√	√
164.	Sulphuric acid				√	√		
165.	Syphillium						√	√
166.	Syzygium jambolanum		√					
167.	Tabacum					√	√	
168.	Tellurium					√	√	
169.	Terebinthina				√	√		
170.	Terminalia arjuna		√		√			
171.	Tarentula hispanica					√	√	
172.	Teucrium marum verum					√	√	
173.	Thuja occidentalis		√			√	√	√
174.	Thyroidinum						√	√
175.	Trillium pendulum		√			√		

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No.	Name of Medicine	Potency						
		Oint-ment	∅	3X/6X	6	30	200	1M
176.	Tuberculinum bovinum						√	
177.	Uranium nitricum			√		√		
178.	Urtica urens		√		√			
179.	Veratrum album				√	√	√	
180.	Viburnum Opulus		√		√	√	√	
181.	Vipera					√	√	√
182.	Veratrum viride					√	√	
183.	Viscum album				√			
184.	Wyethia helenioides				√	√	√	
185.	Zincum metallicum		√				√	√

S.No	Biochemics { 12 Tissue Salts (6X-12X) }
186.	Calcarea phosphorica
187.	Calcarea sulphurica
188.	Ferrum phosphoricum
189.	Kali muriaticum
190.	Kali sulphuricum
191.	Kali phosphoricum

S.No	Biochemics { 12 Tissue Salts (6X-12X) }
192.	Magnesium phosphoricum
193.	Magnesium sulphuricum
194.	Natrum muriaticum
195.	Natrum phosphoricum
196.	Natrum sulphuricum
197.	Silicea

LIST OF ESSENTIAL HOMOEOPATHY MEDICINES

S.No	Eye / Ear Drops
198.	Cineraria eye drops
199.	Euphrasia eye drops
200.	Mullein Oil ear drops

Note: 'ø' means mother tincture



Vision

Vaidya Rajesh Kotecha, Secretary,
Ministry of AYUSH

Facilitation

Sh. Pramod Kumar Pathak, Special Secretary,
Ministry of AYUSH

Initiation, Coordination & Editing

Dr. D. C. Katoch, Former Advisor (Ayurveda),
Ministry of AYUSH

Experts

Ayurveda

- Dr. D.C. Katoch, Former Advisor (Ayurveda), Ministry of AYUSH
- Dr. Anand T. Gudivada, Advisor(Ay.) (Additional charge), Drug Policy Section, Ministry of AYUSH and Medical Superintendent, CGHS Ayurvedic Hospital, New Delhi
- Dr. A. Raghu, Joint Advisor (Ayurveda), Ministry of AYUSH
- Dr. Suresh Kumar, Deputy Advisor (Ayurveda), Ministry of AYUSH
- Dr. Himanshu Joshi, Research Officer (Ay.), Ministry of AYUSH
- Dr. Rajnish Kumar Gautam, Research Officer (Ay.), Ministry of AYUSH
- Dr. G.C.Gaur, Consultant , Ministry of AYUSH
- Dr. Ashok M. Iti, Joint Director Ayush, CGHS Headquarters
- Dr. Pushkar Dev, Contractual, Ayurveda Medical Store Depot , CGHS
- Dr. N. Srikanth, Director General, CCRAS
- Dr. Sulochana Bhat, Asst. Director (Ay.), CCRAS
- Dr. B.C.S.Rao, Asst. Director(Ay.), CCRAS
- Dr. B.S. Sharma, Research Officer (Ay.), CCRAS
- Dr. Shruti Khanduri, Research Officer (Ay.), CCRAS
- Dr. T. Maheshwar, Research Officer (Ay.), CCRAS
- Dr. Sophia Jameel, Research Officer (Ay.), CCRAS

Siddha

- Dr. Kumar M.A., Former Deputy Adviser (Siddha), Ministry of AYUSH
- Dr. Muthu Kumar N. J., DG, CCRS
- Dr. Kumaran D., Research Officer (Siddha), Ministry of AYUSH

Unani

- Dr. M.A. Qasmi, Joint Adviser (U) , Ministry of AYUSH
- Dr. Jalis Subbani, CMO I/c, Unani Medical Store Depot , CGHS
- Dr. Nazhar Ahmed, SMO, Unani Medical Store Depot , CGHS
- Dr. Muzamil Rehman, SMO, CGHS
- Dr. Jamal Akhtar, Research Officer (U), CCRUM
- Dr. Nighat Anjum, Research Officer (U), CCRUM

Homoeopathy

- Dr. Sangeeta A. Duggal, Advisor (H), Ministry of AYUSH
- Dr. Chinta Srinivas Rao, Deputy Adviser (H) , Ministry of AYUSH
- Dr. Rachna Paliwal, Assistant Advisor (H), Ministry of AYUSH
- Dr. Anita Puri, CMO I/c , CGHS Dispensary, R.K. Puram, New Delhi
- Dr. R.K. Manchanda, Director AYUSH, Govt. of NCT of Delhi
- Dr. Anil Khurana, Director General, CCRH
- Dr. Indranil Ghosh Mondal, CMO, CGHS

NATIONAL LIST OF ESSENTIAL AYUSH MEDICINES (NLEAM)



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Ministry of Ayush

Ayush Bhawan, B Block, GPO Complex,
INA, New Delhi - 110023